

#### Report on Obayya Pade - Women Defense Programme- 07-12-2021

The Internal Quality Assurance Cell (IQAC) of BLDEA'S JSS College of Education, Vijayapur, organized the Obavva Pade - Women Defense Programme on December 7, 2021. This event aimed to empower women by providing them with essential self-defense skills, raising awareness about personal safety, and boosting their confidence. Students, faculty members, and staff of BLDEA'S JSS College of Education

- The programme commenced with an inauguration ceremony. The chief guest for the event was a renowned self-defense expert and trainer, Ms. Anjali Kumar.
- The principal of BLDEA'S JSS College of Education, Dr. S. R. Patil, welcomed the guests and participants and emphasized the importance of self-defense training for women.
- Smt Jayanti Rathod conducted an intensive self-defense training session. She demonstrated various techniques to defend against physical attacks and explained the psychological aspects of self-defense.
- The session included practical exercises where participants practiced the techniques under the guidance of the trainer.
- An interactive session followed the training, where participants asked questions and shared their concerns regarding personal safety.
  - Ms. Kumar provided valuable tips on staying vigilant and handling potential threats.
- A guest lecture was delivered by a local police officer, Inspector Priya Desai, on the legal aspects of self-defense and the importance of reporting crimes.
- Inspector Desai also discussed the available resources and support systems for women in distress.

#### Conclusion

The IQAC of BLDEA'S JSS College of Education, Vijayapur, remains committed to organizing more such programmes in the future to continue empowering and educating women. The success of the Obavva Pade programme is a testament to the college's dedication to the safety and well-being of its students and staff.



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# JSS College of Education, Vijayapur Reports on Extension and Out Reach Activities

## Save Tree Procession -18.11.2021

The "Save Tree" procession conducted by BLDE JSS College of Education, Vijayapur on 18/11/2021 aimed to raise awareness about environmental conservation, specifically focusing on the importance of preserving trees. The objectives and report of the procession would typically include:

## Objectives

- Educating students and the community about the significance of trees in the environment.
- Promoting sustainable practices and encouraging tree plantation initiatives.
- Creating awareness about the impact of deforestation and urbanization on the ecosystem.
- Engaging students actively in environmental protection efforts.

## Report:

- 1) Date and location of the procession.
- Number of participants, including students, faculty, and community members.
- Activities conducted during the event, such as speeches, placard displays, tree planting, or educational sessions.
- Impact and feedback received from participants and observers.
- Future plans or initiatives planned to continue promoting tree conservation.

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# Conclusion:

This information can be detailed further based on specific activities and outcomes observed during the procession.





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# JSS College of Education, Vijayapur Reports on Extension and Out Reach Activities

# Health Check up Camp-26-10-2021

## Objectives of the Health Check-Up Camp:

- 1.To educate students and staff about the importance of regular health check-ups and preventive healthcare measures.
- To facilitate early detection of health issues among participants through comprehensive health screenings.
- To promote overall well-being by offering medical consultations and guidance on maintaining a healthy lifestyle.
- To foster a sense of community involvement in health-related activities among students and staff.

### Report on the Health Check-Up Camp:

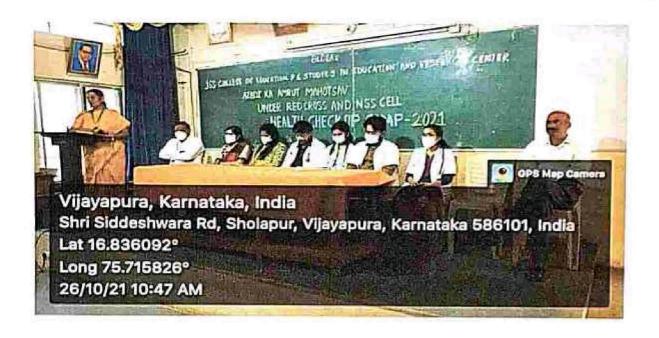
The health check-up camp conducted at BLDEA'S JSS College of Education, Vijayapur on 26th October 2021 was successful in achieving its objectives. The camp aimed to provide comprehensive health screenings and promote health awareness among participants. Here are the key highlights and outcomes:

- Participant Engagement- A significant number of students, faculty, and staff actively
  participated in the camp, showing enthusiasm towards their health.
- Health Screenings-Various health screenings were conducted, including blood pressure checks, blood sugar tests, BMI measurements, and basic medical consultations.
- Educational Sessions-Informational sessions were conducted to educate participants about common health issues, preventive measures, and the importance of regular health check-ups.
- Medical Consultations- Participants received personalized medical advice and consultations from healthcare professionals based on their screening results.

 Awareness and Follow-Up-The camp helped raise awareness about health issues and encouraged participants to follow up with regular health check-ups for early detection and prevention.

#### Conclusion:

Overall, the health check-up camp was instrumental in promoting health consciousness and fostering a healthier campus community at BLDEA'S JSS College of Education, Vijayapur,





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# Yoga Camp -28.2.2020 to 20.03.2020

Organizing a yoga camp at BLDEA'S JSS College of Education, Vijayapur, is a great initiative! Here are some objectives you could consider for the camp and how you might structure your report:

# Objectives of the Yoga Camp:

- 1. Enhance participants' physical fitness, flexibility, and stamina through regular yoga practice.
- 2. Reduce stress, anxiety, and improve overall mental clarity and emotional balance.
- 3. Introduce participants to the traditional aspects and philosophy of yoga.
- 4. Foster a sense of community and camaraderic among participants.
- 5. Teach various yoga postures (asanas), breathing exercises (pranayama), and meditation techniques.
- 6. Raise awareness about the importance of yoga in maintaining a healthy lifestyle.

## Report:

## 1. Introduction:

 Provide background information on why the yoga camp was organized, its objectives, and its significance.

#### 2 Methodology:

- Describe how the camp was structured (daily schedule, sessions conducted, types of yoga practiced).
  - Mention any guest instructors or experts involved.

#### 3. Activities and Sessions:

- Detail the daily activities and sessions conducted during the camp.
- Highlight key yoga techniques taught and their benefits.

#### 4. Participant Feedback:

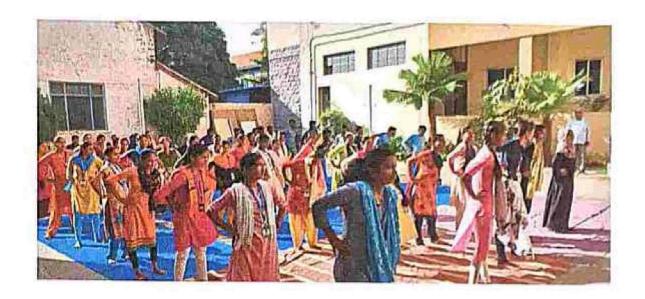
- Include feedback from participants regarding their experience, benefits gained, and any challenges faced.

#### 5. Impact and Results:

- Discuss the overall impact of the camp on participants' physical and mental well-being.
- Share any measurable outcomes or improvements observed.

# 6. Conclusion:

- Summarize the success of the yoga camp in achieving its objectives.
- Discuss any future plans or recommendations based on the camp's outcomes.





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# JSS College of Education, Vijayapur Reports on Extension and Out Reach Activities Environment and Law-Guest Lecture- 26.12.2020

To create a comprehensive report on the special guest lecture on "Environment and Law held at BLDEA'S JSS College of Education, Vijayapur on 26/12/2020, consider including the following objectives and components:

## Objectives of the Guest Lecture:

- 1. To educate students and local community members about environmental laws and their implications
- 2. Raise awareness about environmental challenges specific to rural areas and the legal frameworks available for addressing them.
- 3. Foster community engagement in environmental conservation efforts through legal channels.

#### Report:

- 1. Introduction: Brief overview of the guest lecture, its purpose, and significance,
- 2. Guest Speaker Background information about the speaker(s) who delivered the lecture.
- 3. Topics Covered Detailed outline of the environmental laws discussed.
- Specific focus on issues relevant (e.g., agriculture, water conservation, waste management).
- Audience Engagement Description of audience demographies (students, faculty, local community members).
  - Feedback or questions raised during the lecture.
- Impact and Outcomes Analysis of the lecture's impact on participants' understanding of environmental laws and rural challenges.
- Any actionable outcomes or commitments made by attendees.





Justice Shri H.N.Nagamohan Das, Rtd. High court Judge, Bengaluru

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# JSS College of Education, Vijayapur Reports on Extension and Out Reach Activities

# Covid 19 Test Camp 11-12-2020

COVID-19 test camp at BLDEA'S JSS College of Education, Vijayapur, held on 11th December 2020, aimed to achieve the following

#### Objectives:

- 1.To identify and isolate COVID-19 positive cases at an early stage to prevent the spread of the virus within the college and the surrounding community.
- To educate students, faculty, and staff about the importance of regular testing, symptoms of COVID-19, and preventive measures to curb the spread of the virus.
- To ensure adherence to COVID-19 safety protocols such as social distancing, wearing masks, and sanitization within the campus.
- To monitor the health status of the college community and provide necessary medical advice and support to those in need.
- 5. To extend support to the local healthcare system by contributing to the overall testing and tracking efforts within the region.

### Report:

#### Participants:

- Students
- Faculty
- Administrative staff
- Local residents

#### Activities:

- Participants were registered and screened for COVID-19 symptoms, including temperature checks and health questionnaires.
- 2.) Nasal and throat swab samples were collected from the participants by trained healthcare professionals following strict safety protocols.
- Informational sessions were conducted to educate participants on COVID-19 symptoms, preventive measures, and the importance of testing and isolation.
- 4) The entire testing area was regularly sanitized to ensure a safe environment for both participants and healthcare workers.

#### Conclusion:

The COVID-19 test camp at BLDEA'S JSS College of Education was successful in achieving its objectives. It played a crucial role in early detection and isolation of positive cases, thereby contributing to the safety and well-being of the college community and the surrounding area. The camp also raised awareness about the importance of regular testing and adherence to COVID-19 safety measures.





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