



**BLDEA's
JSS College of Education,
Vijayapur**



Criterion 3 - Research and Outreach Activities

3.3.3: Percentage of student participation in national priority programmes.

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2	Self Defence Technique
3	Health Check-up and Blood Donation Camp
4	Voating Awareness Procession
5	Voating Awareness Street Play
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7	Yoga and Exercsise Practice
8	Aids Awareness
9	ABJINI Book Release
10	Yoga Certificate Course
11	National Voters Day Celebration
12	International Day of Clean Air and Blue Skies
13	"Fit India" Guest Lecture
14	Health Check-up and Blood Donation Camp
15	"Life Style and Indian System of Medicine" Guest Lecture -Dr.Renuka Tenihalli
16	Voating Awareness Street Play
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19	Food Festival
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32	Covid 19 Test Camp
33	5th International Yoga Day
34	Blood Donation Camp 14 Points Doneted
35	Vrukshothan Marathon
36	Say "No Plastic" Procession

(1)

BLDEA's
JSS College of Education, Vijayapur
Reports On Extension and Out Reach Activities
Say "No to Plastic"

Objectives:

1. Educate the community about the harmful effects of plastic on the environment and health.
2. Encourage the use of eco-friendly and sustainable alternatives to plastic products.
3. Implement initiatives to reduce plastic consumption within the community.
4. Involve schools in plastic reduction activities.
5. Advocate for local policies and regulations that limit plastic usage and promote recycling.

Report:

A Program on Say No to Plastic was conducted on 02/10/2019 to all Practice Teaching Schools and Community. A Procession was conducted from Siddeshwar Temple to Gandhi Chowk. Student Teachers with banners, flyers, hand boards showing Plastic is very harmful for health and community was carried. This has been the achievement of Cleanliness Social objective of Swacha Bharat Abhiyan. Students had a PPT Programme related to No to Plastic and Harmful effects of plastic at different practice Teaching Schools.

Results:

- 1) A significant increase in community awareness about the harmful effects of plastic.
- 2) Notable reduction in the use of single-use plastics in the community.
- 3) High levels of participation from residents, schools, and businesses in program activities.
- 4) Positive feedback from local policymakers and the introduction of new regulations to curb plastic use.


Conclusion:

The "Say No to Plastic" program successfully met its objectives by raising awareness, promoting alternatives, reducing plastic usage, engaging the community, and supporting policy changes. Continued efforts and sustained community engagement are essential to build on this progress and further reduce plastic pollution in our environment.



Face book link: <https://www.facebook.com/share/p/58DccDnCSqET8t1V/?mibextid=xfxF2i>


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Outcomes

Environmental Impact-The marathon successfully raised awareness about environmental conservation. The tree plantation drive contributed positively to the local ecosystem.

Community Involvement- The event fostered a sense of community spirit and collective responsibility towards environmental protection.

Health Benefits- Participants benefited from the physical activity and health check-ups provided during the event.

Conclusion


The Virukshothan Marathon held on August 4, 2019, was a resounding success, achieving its objectives of promoting environmental awareness, encouraging physical fitness, and engaging the community. The event highlighted the collective effort needed to protect our environment and foster a healthier, greener future.



Face book link- <https://www.facebook.com/share/p/bYjpkViSGQALhQq5/?mibextid=xfxF2i>

Facebook link- <https://www.facebook.com/share/p/bYjpkViSGQALhQq5/?mibextid=xfxF2i>


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**BLDEA's
JSS College of Education, Vijayapur
Reports On Extension and Out Reach Activities
Vrukshothan Marathon-04.08.2019**

Motto: Run for Green

Objectives

- 1.Promote Environmental Awareness- To educate participants and the community about the importance of environmental conservation.
- 2.Encourage Physical Fitness- To motivate individuals to engage in physical activities for a healthier lifestyle.
- 3.Community Engagement-To bring together diverse groups within the community to work towards a common goal.
- 4.Green Initiatives- To promote tree plantation and a plastic-free environment through active participation and advocacy

Report:

The Virukshothan Marathon took place on August 4, 2019, in Vijayapur. Participated by BLDEA's JSS College of Education Staff and Students the event focused on the theme "Run for Green," emphasizing environmental conservation and sustainable living.

Participation

Total Participants- Over 500 runners from various age groups, including students, faculty members, local residents, and environmental enthusiasts.

Special Guests- Dr M.B.Patil Minister for Major Irrigation Govt of Karnataka, environmental activists, and fitness experts.

Event Highlights

- 1.Opening Ceremony-The marathon was inaugurated by the Dr M.B.Patil Minister for Major Irrigation Govt of Karnataka, who highlighted the importance of environmental awareness and physical fitness.
- 2.Marathon Route: The marathon route was carefully planned to cover key areas of Vijayapur, promoting visibility and encouraging community involvement. Signage and volunteers were stationed along the route to guide and assist participants.
3. Tree Plantation Drive-Post-marathon, a tree plantation drive was organized, where participants and volunteers planted over 200 saplings in designated areas.
4. Awareness Campaigns- Information booths were set up to educate participants and the public on environmental issues, such as reducing plastic usage, waste management, and the benefits of tree planting.
- 5.Refreshments and Health Check-ups-Water stations, healthy refreshments, and free health check-ups were available for all participants, emphasizing the marathon's dual focus on health and environmental consciousness.



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**Principal,
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VIJAYAPUR.**

Donar Name / Address:
Ragavendra. Badiger
J.S.S. College vijayapur
8722446443

Occupation: Student

Group: 'A' Rh.Type: positive

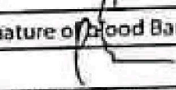
Signature of Donar

Dear Sir/Madam

This is in appreciation of your noble service rendered in saving a life. We are extremely grateful to you for donating blood to mitigate the need of suffering humanity.

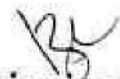
This donation ensures the availability of blood for the donor and his/her family for one year.

You can again donate after 3 to 6 months safely and you will be honored according to the number of blood donation.

No. of Donation	Register No.	Date of Donation	Signature of Blood Bank Officer
1	3418	31/10/19	
			Blood Bank Officer B.M.D.E. (Deemed to be University) Shri. B.M. Patil Medical College & Hospital P. C. Vijayapur - 586103.

Present this card before each blood donation and when blood is required, blood will be given if the stock available at the time


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Vijayapur



ಬಿ.ಎಲ್.ಡಿ.ಇ. ವಿಶ್ವವಿದ್ಯಾಲಯ
ಶ್ರೀ ಬಿ. ಎಂ. ಪಾಟೀಲ ವೈದ್ಯಕೀಯ ಮಹಾವಿದ್ಯಾಲಯದ ಆಸ್ಪತ್ರೆ
ಮತ್ತು ಸಂಶೋಧನಾ ಕೇಂದ್ರ, ವಿಜಯಪುರ

.....Ragavendra.....Badiger.....

ಇವರು ತಮ್ಮ ರಕ್ತದಾನ ಮಾಡಿ ಪ್ರಾಣಾಪಾಯದಲ್ಲಿದ್ದ ಓರ್ವರೋಗಿಯ ಪ್ರಾಣ ಉಳಿಸಲು
ನೆರವಾಗಿದ್ದಾರೆ. ತಮ್ಮ ದೇಹದ ಒಂದು ಭಾಗವನ್ನು ದಾನ ಮಾಡಿದ ಇವರ ದಾನವು ಶ್ರೇಷ್ಠವಾದದ್ದು.

ಇಂತಹ ಶ್ರೇಷ್ಠ ದಾನಿಯಾದ ಇವರಿಗೆ ನಾವು

ರಕ್ತದಾನಿ

ಎಂದು ಪ್ರಮಾಣ ಪತ್ರವನ್ನು ನೀಡಿ ಸನ್ಮಾನಿಸುತ್ತಿದ್ದೇವೆ.

B.L.D.E. (Deemed to be University)
Shri B. M. Patil Medical College, Hospital
& R.C., Vijayapur-586103.

ವಿಭಾಗದ ಮುಖ್ಯಸ್ಥರು

Prof. & HOD
Dept. of Pathology,
n.l.d.e.U's Shri B. M. Patil

ಆಧೀಕ್ಷಕರು

Medical Superintendent
BLDE (Deemed to be University)
Shri B. M. Patil Medical College
& R.C. VIJAYAPUR-586103.

ಪ್ರಾಚಾರ್ಯರು

PRINCIPAL
BLDE (Deemed to be University)
Shri B. M. Patil Medical College
& Research Centre,
VIJAYAPUR - 586103

ರಕ್ತದಾನ ಮಾಡಿ, ಜೀವ ಉಳಿಸಿ...

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Principal,
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VIJAYAPUR.

Donar Name / Address :

Somanath. Kodate
J.S.S College Vijayapur
8310207805-

Occupation : Student

Group : 'A' Rh.Type: Positive


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1	3419	31/10/19	
			B.L.D.F. (Department of the University)
			Shri B.M.Patil Medical College, Hospital & R.C., Vijayapur-585103.

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Somanath, Kodate

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ರಕ್ತ ಚಂದಾಕಾರ ಅಧಿಕಾರಿ

ವಿಭಾಗದ ಮುಖ್ಯಸ್ಥರು

ಅಧೀಕ್ಷಕರು

PRINCIPAL

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Outcomes


- Raised awareness about the critical need for blood donation.
- Fostered a sense of community service among participants.
- Contributed to the local blood bank's reserves, potentially saving numerous lives.

Conclusion

The blood donation camp at BLDEA's JSS College of Education, Vijayapur, was a resounding success. It not only achieved its objectives but also inspired many to commit to regular blood donation. The college plans to make this a recurring event, strengthening its contribution to societal welfare.




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BLDEA's
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Reports On Extension and Out Reach Activities
Blood Donation Camp-31-10-2019

Blood donation camp was organized at BLDEA's JSS College of Education, Youth Red Cross Cell Vijayapur. This event was held in collaboration with Shri B.M. Patil Medical college and Research Centre, Vijayapur, aiming to contribute to the community by providing a platform for voluntary blood donors.

Objectives

1. To raise awareness about the importance of blood donation.
2. To encourage students and faculty to participate in the noble cause.
3. To collect blood for patients in need in the local hospitals.

Report:

The event was meticulously planned by the college administration, student volunteers, and the partnering organization. Key steps included:

- Coordination with the blood bank for equipment and medical personnel.
- Promotion of the event through posters, social media, and announcements.
- Setting up the venue with necessary facilities, including registration desks, resting areas, and refreshment zones.

Execution:

The camp commenced at 10:00 AM with an inaugural ceremony attended by the college Principal Dr M.S. Hiremath, faculty members, and representatives from the partnering organization. The ceremony included:

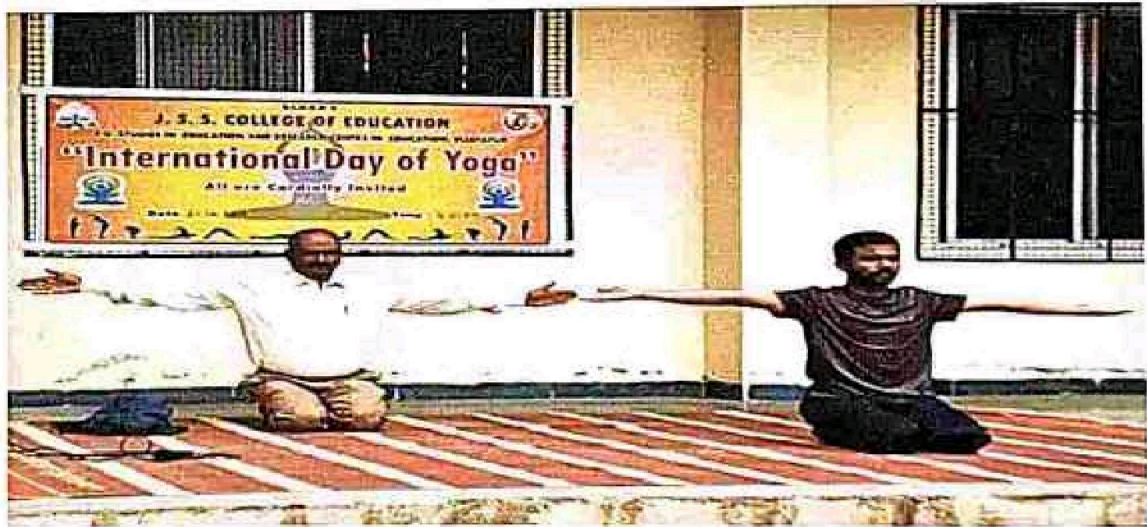
- A brief introduction to the importance of blood donation by the Dr Prakash Patil In-charge Blood Bank Shri B.M. Patil Medical college and Research Centre, Vijayapur
- An informative session by the medical professionals on the benefits and safety of blood donation.

The blood donation process was as follows:

1. Registration- **14 Donors registered** their details of student Teachers at the registration desk.
2. Pre-Donation Check up- Medical professionals conducted preliminary health checks, including blood pressure, haemoglobin levels, and general fitness.
3. Blood Donation- Eligible donors proceeded to donate blood under the supervision of trained medical staff.
4. Post-Donation Care- Donors were provided refreshments and advised to rest for a short period before resuming their activities.

Impact and Feedback:

The celebration of the 5th International Yoga Day at BLDEAs JSS College of Education was a resounding success, with a significant turnout and active participation from the college community. The event not only raised awareness about the benefits of yoga but also inspired many to adopt a healthier and more balanced lifestyle. Participants expressed their appreciation for the well-organized event and the valuable insights gained from the sessions. The college looks forward to continuing the tradition of celebrating International Yoga Day and promoting the practice of yoga among students and faculty in the years to come.



YouTube links- <https://youtu.be/yqpCKgPWk4e?si=5JV6tVhTWqq94xV5>


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