



**BLDEA's
JSS College of Education,
Vijayapur**



Criterion 3 - Research and Outreach Activities

3.3.3: Percentage of student participation in national priority programmes.

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Report on Hands-On Experience in Fine Arts and Theatre Activities-16-07-2024

On the 16th of July 2024, the Internal Quality Assurance Cell (IQAC) of BLDEA'S JSS College of Education organized a hands-on experience session for student teachers, focusing on fine arts and theatre activities. The event aimed to enhance the creative skills of the student teachers through practical engagement in drawing and painting. 92 Students of IInd Semester Participated.

1. Drawing Session

- Student teachers were introduced to various drawing techniques, including sketching, shading, and perspective drawing.
- The session emphasized the importance of observation and imagination in creating artworks.
- Participants practiced drawing still life, landscapes, and portraits under the guidance of experienced instructors.

2. Painting Workshop

- The painting workshop covered different styles and mediums, such as watercolor, acrylic, and oil painting.
- Students learned about color theory, blending techniques, and the use of different brushes and tools.
- The workshop provided an opportunity for students to create their own paintings, allowing them to express their creativity and artistic vision.

Conclusion:

The IQAC's initiative to conduct hands-on experience sessions in fine arts and theatre activities was a significant step towards enriching the educational experiences of student teachers. By incorporating creative arts into the curriculum, BLDEA'S JSS College of Education continues to promote a well-rounded education that nurtures both the intellectual and artistic potential of its students.




<https://youtube.com/watch?v=-j3vSG5v-0k&feature=shared>

<https://youtube.com/watch?v=ZqE-TNR4KVKU&feature=shared>

<https://youtube.com/watch?v=csoGFQprbqQ&feature=shared>


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BLDEA's
JSS College of Education, Vijayapur
Reports on Extension and Out Reach Activities

Gender Sensitivity programme-Self-Defence Training-24-02-2024

Objectives of the Gender Sensitivity Program and Self-Defence Training:

1. To raise awareness and educate participants about gender issues, stereotypes, and the importance of gender equality in society.
2. To equip participants with practical skills and knowledge in self-defence techniques to enhance their personal safety and confidence.
3. To foster a campus culture that promotes respect, understanding, and support for individuals of all genders.

Report of the Gender Sensitivity Program and Self-Defence Training:

Date-February 24, 2024

Venue- BLDEA'S JSS College of Education, Vijayapur

Activities Conducted:

Gender Sensitivity Sessions- Conducted interactive sessions addressing topics such as gender stereotypes, gender roles, and the importance of gender equality in educational institutions.

-Self-Defence Training- Practical demonstrations and hands-on sessions were conducted by experienced trainers to teach effective self-defence techniques. Participants were trained in basic manners and strategies to protect themselves in various situations.

Participant Engagement:

Attendance-The program saw active participation from students, faculty, and staff members of the college.

Feedback and Interaction- Participants engaged enthusiastically in discussions, role-plays, and practical exercises, demonstrating their commitment to learning and applying the concepts taught.

Outcome and Impact

Awareness Raised- Increased awareness among participants about gender-related issues and the importance of creating a respectful and inclusive environment on campus.

Skill Development- Participants gained practical self-defense skills, enhancing their confidence and ability to handle challenging situations effectively.

Future Initiatives

Continued Education-Plans to integrate gender sensitivity and self-defence training as regular components of the college's curriculum or extracurricular activities.

Feedback Utilization- Feedback received will be used to further refine and improve future gender sensitivity programs and self-defence training sessions.

The Gender Sensitivity Program and Self-Defence Training on February 24, 2024, marked a significant step towards promoting a safe and inclusive campus environment at BLDEA'S JSS College of Education, Vijayapur, empowering participants with essential skills and fostering a culture of respect and equality.





<https://youtu.be/aWyV7485nlHg?si=HF5VSv6aPTnsm6wW>


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BLDEA's
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Health Check up & Blood Donation Camp-30-04-2024

Report on Medical Check-up and Blood Donation Camp
30th April 2024
at BLDEA's J.S.S. College of Education, Bijapur

Introduction:

On the 30th of April 2024, BLDEA's J.S.S. College of Education, Bijapur, organized a medical check-up and blood donation camp. This event aimed to promote health awareness and encourage the noble act of blood donation among students, faculty, and the local community.

Event Highlights:

- **Medical Check-up:

- Comprehensive health screenings were provided, including blood pressure, blood sugar levels, BMI, and general health assessments.
- Medical professionals from local hospitals conducted the check-ups and offered consultations.
- Health education materials and counseling were provided on various health issues.

-Blood Donation Camp:

- The camp was set up in collaboration with the local blood bank.
- Students, faculty members, and residents participated enthusiastically in the blood donation drive.
- Each donor underwent a preliminary health screening to ensure they were fit for donation.
- Refreshments were provided to donors post-donation, and certificates of appreciation were distributed.

Participation:

- The event saw active participation from over 200 individuals.
- Around 30 units of blood were collected, significantly contributing to the local blood bank's reserves.
- The medical check-up camp catered to approximately 300 individuals, providing them with valuable health insights and advice.

Conclusion:

The medical check-up and blood donation camp at BLDEA's J.S.S. College of Education, Bijapur, was a resounding success. It not only raised health awareness but also underscored the importance of regular health check-ups and the critical need for blood donations. The college plans to make this an annual event, fostering a spirit of community service and health consciousness among its members.





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BLDEA's
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Voting Awareness procession-19-03-2024

Objectives:

The primary objective of the voting awareness procession was to educate and encourage the local community, including students and residents, about the significance of participating in the electoral process. The initiative aimed to highlight the importance of every vote in shaping a fair and representative democracy.

Event Highlights:

1. Procession Kick-off:

- The event commenced with an inaugural speech by the Principal, emphasizing the crucial role of voting in democratic governance.

- Participants included student teachers, faculty members, and volunteers from the community.

2. Route and Participation:

- The procession started from the college campus and GoundhiChouk covered key areas of Vijayapur, attracting attention and engaging with the local populace.

- Participants carried banners and placards with slogans such as "Your Vote, Your Voice," "Every Vote Counts," and "Vote for a Better Tomorrow."

3. Awareness Activities

- Informative pamphlets were distributed to bystanders and shop owners, outlining the voting process and the importance of voter turnout.

- Volunteers interacted with the public, answering questions and encouraging first-time voters to register and participate in the upcoming elections.

4. Cultural Engagement:

- The procession included cultural performances such as street plays and skits by student teachers, depicting the power of voting and the impact of civic engagement.

- These performances were well-received and helped convey the message in an engaging and relatable manner.

5. Collaboration

- The event was conducted in collaboration with local electoral authorities, ensuring accurate information was provided.

- Support from local law enforcement ensured the procession was safe and orderly.

Impact:

- The voting awareness procession successfully raised awareness about the importance of voting among the local community.

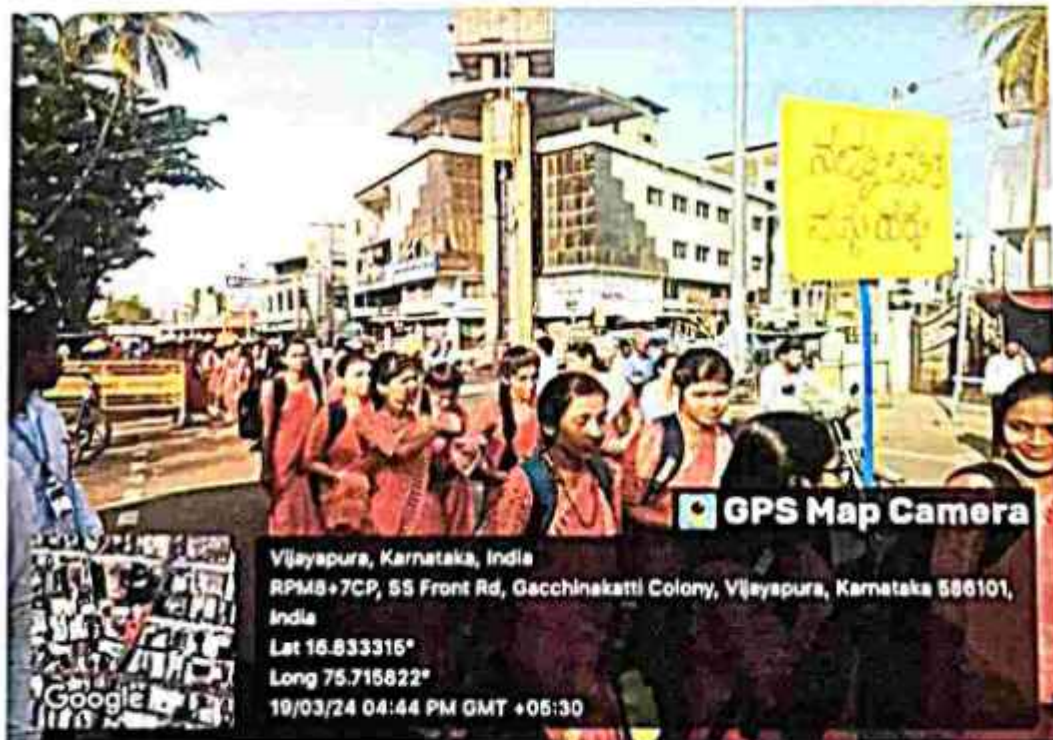
- Increased interest and engagement were observed, particularly among young and first-time voters.
- The event fostered a sense of civic responsibility and highlighted the collective power of the electorate in shaping the future.

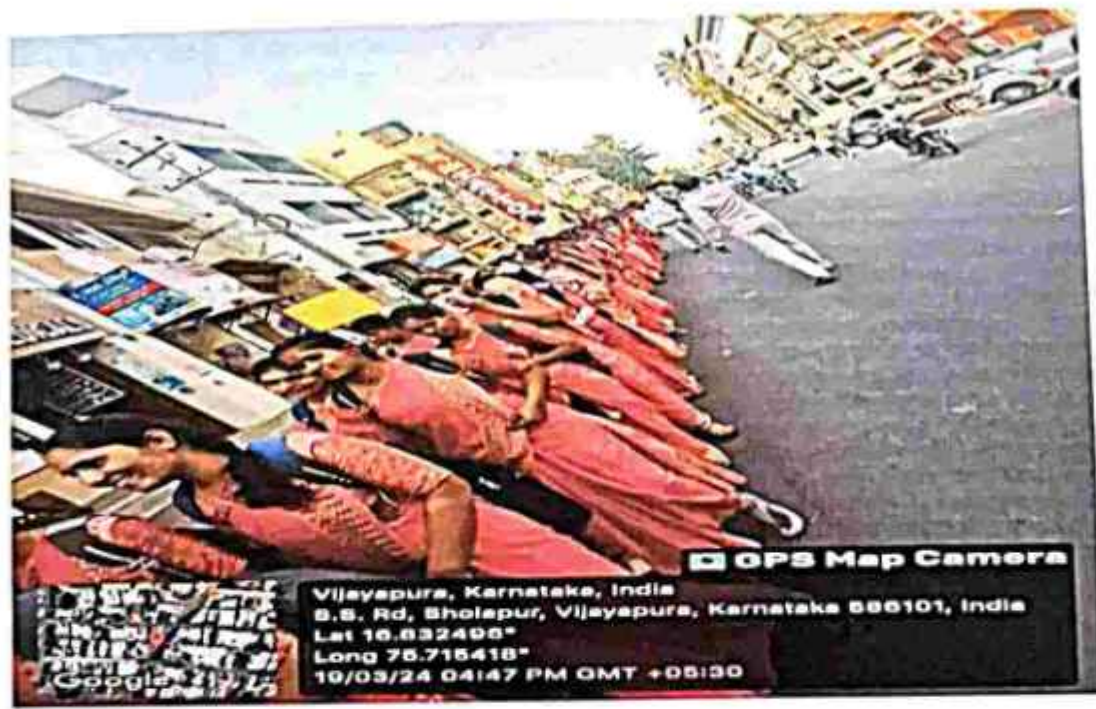
Feedback:

- Participants and attendees expressed positive feedback, noting the importance of such initiatives in promoting democratic values.
- Suggestions for future events included organizing workshops on the electoral process and inviting guest speakers to further educate the community.

Conclusion:

The voting awareness procession on 19th March 2024 at BLDEA'S JSS College of Education, Vijayapur, was a significant step towards fostering a culture of active and informed citizenship. The event successfully engaged the community, emphasizing the importance of voting and the role of every individual in strengthening democracy.







ಜಾಗೃತಿ ಜಾಥಾ

ವಿಜಯಪುರದಲ್ಲಿ ಜಿಲ್ಲಾಡಳಿತ, ಕಾಲೇಜುಗಳ ಸಹಯೋಗದಲ್ಲಿ ಮತದಾನ ಜಾಗೃತಿ ಜಾಥಾ ನಡೆಯಿತು.

ವಿವರ >> 08

ಮತದಾನ ಹೆಚ್ಚಳಕ್ಕೆ ಜಾಗೃತಿ ಜಾಥಾ

ವಿಜಯಪುರ: ನಗರದಲ್ಲಿ ಮಂಗಳವಾರ ಮತದಾನ ಜಾಗೃತಿ ಜಾಥಾವನ್ನು ಜಿಲ್ಲಾಡಳಿತ, ಜಿಲ್ಲಾ ಪಂಚಾಯತಿ, ಜಿಲ್ಲಾ ಸ್ವಲ್ಪ ಸಮಿತಿ, ಜಿಲ್ಲಾ ಯುವಜನ ಸಬಲೀಕರಣ ಹಾಗೂ ಕ್ರೀಡಾ ಇಲಾಖೆ, ಜಿಲ್ಲಾ ಎನ್ ಎಸ್ ಎನ್ ಘಟಕ, ಬಿಎಲ್ ಡಿಇ ಸಂಸ್ಥೆಯ ಜಿ.ಎಸ್.ಎಸ್. ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ, ಡಿ ಪ್ರಿಡೆನ್ಸ್ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯದ ಸಂಯುಕ್ತ ಆಶ್ರಯದಲ್ಲಿ ಏರ್ಪಡಿಸಲಾಯಿತು.

ಸಿದ್ದೇಶ್ವರ ದೇವಸ್ಥಾನದಿಂದ ಪ್ರಾರಂಭವಾಗಿ ಪ್ರಮುಖ ರಸ್ತೆಗಳಲ್ಲಿ ಸಂಚರಿಸಿ ಮತದಾನದ ಮಹತ್ವವನ್ನು ವಿವರಿಸಲಾಯಿತು.

ಜಿಲ್ಲೆಯಲ್ಲಿ ಶೇ.90ಕ್ಕಿಂತ ಹೆಚ್ಚಿನ ಪ್ರಮಾಣದಲ್ಲಿ ಮತದಾನ ಆಗುವಂತೆ ಶ್ರಮಿಸಲು ಸ್ವಯಂ ಸೇವಕರೊಂದಿಗೆ ಚರ್ಚಿಸಲಾಯಿತು. ಜಿಲ್ಲೆಯಲ್ಲಿ 15 ಸಾವಿರಕ್ಕೂ ಹೆಚ್ಚು ಸ್ವಯಂಸೇವಕರಿದ್ದು ತಲಾ 10 ಜನರಿಗೆ ಮತದಾನ ಮಾಡಿಸಲು ಗುರಿ ಹೊಂದಲು ಸ್ವಯಂ ಸೇವಕರಿಗೆ ತಿಳಿಸಲಾಯಿತು. ಇದೇ ವೇಳೆ ಮತದಾನ ಕುರಿತು ಪ್ರತಿಜ್ಞಾಧಿಯನ್ನು ಬೋಧಿಸಲಾಯಿತು.

ಜಿಲ್ಲಾ ಸ್ವಲ್ಪ ಸಮಿತಿಯ ನೋಡಲ್ ಅಧಿಕಾರಿ ಸಿ.ಆರ್.ಮುಂಡರಗಿ, ರಾಜ್ಯ ಎನ್ ಎಸ್ ಎನ್ ಸಲಹಾ ಸಮಿತಿ ಸದಸ್ಯ ಹಾವೀದ್ ಜಮಾಹಾರ್, ಜಿಲ್ಲಾ ಎನ್ ಎಸ್ ಎನ್ ನೋಡಲ್ ಅಧಿಕಾರಿ ಡಾ.ಪ್ರಕಾಶ್ ರಾತೋಡ್, ಜಿಎಸ್ ಎನ್ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ ಪ್ರಾಚಾರ್ಯರಾದ ಡಾ.ಬಿ.ಕೆ.ಶಾಸನೀಸ್, ಪ್ರಿಡೆನ್ಸ್ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯದ ಡಾ.ಸುಮಾ ಬೋಲರಡಿ, ಡಾ.ಮಂಜುನಾಥ್ ಕೋಟಿ, ಡಾ.ಬಿ.ಎಸ್.ಹಿರೇಮಠ, ರಾಜ್ ಬಹದ್ದೂರ ಭಾಗವಾನ್, ವಿಶ್ವನಾಥ್ ಹಾಗೂ ಸ್ವಯಂಸೇವಕರು ಪಾಲ್ಗೊಂಡಿದ್ದರು.

VKS 21/03/2024

Face Book link-<https://youtube.com/watch?v=84tVL0xVM4n&feature=shared>

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Voting Awareness Street Play NSS Camp-17/03/2024

Report on Voter Awareness Street Play by NSS Camp

Objectives

The primary objective of the street play was to create awareness among the local community about the importance of voting, emphasizing the role of each vote in strengthening democracy.

Report:

Program Highlights:

1. Inauguration:

- The event began with a brief inauguration ceremony, where the NSS Program Officer addressed the gathering, highlighting the significance of voter participation in the democratic process.

2. Street Play:

- The street play, performed by NSS volunteers, depicted various scenarios showcasing the impact of voting and the consequences of voter apathy.

- Themes included the power of a single vote, the importance of informed voting, and the role of youth in elections.

- The play was performed in the local language to ensure better understanding and engagement with the audience.

3. Interaction with the Audience:

- Post-performance, the volunteers engaged with the audience, answering questions and providing information on the voting process.

- Pamphlets containing information about voter registration, the importance of voting, and the upcoming election dates were distributed.

4. Feedback:

- Audience members expressed their appreciation for the informative and engaging performance.

- Several community members pledged to vote in the upcoming elections, motivated by the street play's message.

Conclusion:

The voter awareness street play was successful in reaching out to a significant number of community members, instilling the importance of voting and encouraging active participation

in the democratic process. The NSS unit plans to conduct similar awareness programs in the future to further promote civic engagement. This report provides a detailed account of the voter awareness street play organized by the NSS camp on 17th March 2024



20/3/24
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Shramadhana at CTC-16-03-2024

The Shramadhana cleaning initiative was a significant part of the Citizenship Training Camp organized at Shri Ram Krishna Ashrama. This initiative aimed to instill the values of cleanliness, community service, and environmental responsibility among the student teachers. The event spanned over three days, involving various activities centered on cleaning and maintaining the camp premises.

Objectives

1. To encourage student teachers to actively participate in community service activities and understand the importance of contributing to society.
2. To raise awareness about the significance of cleanliness and environmental conservation.
3. To foster teamwork and collaboration among student teachers through collective cleaning efforts.
4. To instill a sense of discipline and responsibility in student teachers by engaging them in structured cleaning activities.

Activities Conducted

1. The student teachers were divided into groups to clean different sections of the camp, including the ground, pathways, and surrounding areas.
2. Participants were taught the importance of waste segregation and practiced separating biodegradable and non-biodegradable waste.
3. In addition to cleaning, the student teachers also engaged in planting trees and maintaining existing greenery around the camp..

Conclusion

The Shramadhana cleaning initiative at the Citizenship Training Camp was a resounding success, achieving its objectives of promoting community service, enhancing environmental awareness, and fostering teamwork among the student teachers. The event not only contributed to a cleaner and healthier environment but also instilled important values in the participants that will benefit them in their personal and professional lives



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Yoga and Exercise Practice-16-03-2024

The Yoga and Exercise Practice session was held on 5th April 2022 at BLDEA'S JSS College of Education, Vijayapur. The event was organized by the Internal Quality Assurance Cell (IQAC) in collaboration with the college administration.

The session saw enthusiastic participation from student teachers, faculty members, and staff of the college.

A certified yoga instructor Shri A.S.Masali was invited to lead the session, ensuring proper guidance

Various yoga postures (asanas) were demonstrated and practiced, focusing on flexibility, strength, and relaxation.

Breathing exercises were conducted to improve respiratory efficiency and mental clarity.

A guided meditation session helped participants achieve a state of mental calmness and focus. Light physical exercises and stretches were included to promote overall fitness and prevent sedentary lifestyle issues.

Participants reported feeling more relaxed and rejuvenated after the session. Many noted an improvement in their physical and mental well-being.

The practice helped in reducing stress levels, enhancing concentration, and promoting a positive mindset among the participants.

Positive feedback was received from participants, who expressed a keen interest in having regular yoga and exercise sessions as part of their curriculum.


Conclusion:

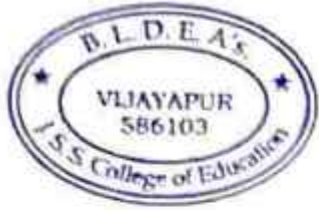
The Yoga and Exercise Practice session was a successful initiative by BLDEA'S JSS College of Education, Vijayapur, and IQAC. It effectively promoted the importance of physical and mental health among student teachers and staff. Regular practice of yoga and exercise is recommended to maintain a healthy and balanced lifestyle.



<https://www.facebook.com/share/p/bNCOLi8uMn4c2CNu/?mibextid=xfxF2i>


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Report on AIDS Awareness Programme-15-03-2024

The primary objective of the AIDS Awareness Programme was to educate student teachers about HIV/AIDS, its transmission, prevention, and the social implications of the disease. The aim was to foster a comprehensive understanding among the participants and empower them to spread awareness in their communities

- Student teachers of BLDEA'S JSS College of Education
- Faculty members
- Guest speakers specializing in HIV/AIDS awareness

Delivered by the Principal, highlighting the importance of awareness and education about HIV/AIDS. Provided by Dr. Sanmitra.V.Aiholli,MD, Skin an expert in HIV/AIDS prevention and treatment, discussing the latest statistics, myths, and facts about the disease."Understanding HIV/AIDS" – Presented by Dr. Sanmitra V.Aiholli, covering the medical aspects of HIV/AIDS, including modes of transmission, symptoms, and treatment options.

"Prevention and Safety Measures" – A detailed session by Dr. [Name], focusing on preventive measures, safe practices, and the importance of early testing and diagnosis."Social Implications and Stigma" – Conducted by Mr./Ms. [Name], addressing the societal impact of HIV/AIDS, strategies to combat stigma, and the

An open forum where participants could ask questions and clarify doubts with the experts.

Conclusion:

The AIDS Awareness Programme organized by the IQAC of BLDEA'S JSS College of Education, Vijayapur, was a significant step towards educating and empowering student teachers about HIV/AIDS. The event successfully met its objectives and laid the groundwork for ongoing awareness and education initiatives within the college and the broader community.




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Report on the Release of the Book "Abjini"-09-03-2024

The IQAC and Ladies Cell of BLDEA'S JSS College of Education, Vijayapur and IGNOU Vijayapur, proudly organized the release of the book "Abjini." This event marked a significant achievement in our continuous efforts to promote literary activities and encourage scholarly pursuits among our faculty and students.

The primary objective of this event was to celebrate the literary accomplishment of the authors and to inspire students and faculty members to engage in creative and academic writing.

- The event commenced with an invocation song, setting a serene and auspicious tone.

- The dignitaries were welcomed with bouquets, and the ceremonial lamp was lit, symbolizing the light of knowledge and wisdom.

- The Principal of BLDEA'S JSS College of Education, Vijayapur, delivered the welcome address, emphasizing the importance of literary contributions and the role of the IQAC and Ladies Cell in fostering an environment conducive to such pursuits.

- A brief introduction to the book "Abjini" was provided by the chief editor. The book's themes, objectives, and the journey of its creation were shared with the audience.

- The book "Abjini" was officially released by the chief guest and other dignitaries present on the stage. Copies of the book were distributed to the guests and contributors.

- The chief guest, an eminent literary figure, delivered an inspiring speech on the significance of literature in education and personal growth. Other guests also shared their thoughts and congratulated the authors on their achievement.

- The authors of "Abjini" expressed their gratitude to the college, the IQAC, and the Ladies Cell for their support. They shared insights into their writing process and the inspiration behind their work.

Conclusion

The release of "Abjini" was a momentous occasion that highlighted the literary talents within BLDEA'S JSS College of Education, Vijayapur. The event successfully motivated students and faculty members to pursue their literary interests and contribute to the academic community. The IQAC and Ladies Cell continue to play a pivotal role in promoting a culture of excellence and intellectual growth at our institution.



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Report on Yoga Certificate Course Conducted by IQAC at BLDEA'S JSS College of Education, Vijayapur in collaboration with BLDE Deemed to be University, Vijayapur -12-02-2024 to 19-02-2024

The IQAC of BLDEA'S JSS College of Education, Vijayapur, organized a comprehensive Yoga Certificate Course aimed at enhancing the physical and mental well-being of student teachers. The course was conducted over a period of one month, from [12-02-2024] to [19-02-2024].

The course saw active participation from student teachers of BLDEA'S JSS College of Education.

Certified yoga instructors with expertise in various yoga practices and techniques conducted the sessions.

1. Introduction to Yoga
 - History and Philosophy of Yoga
 - Different Types of Yoga (Hatha, Ashtanga, Vinyasa, etc.)
2. Basic Asanas (Postures)
 - Surya Namaskar (Sun Salutation)
 - Standing Postures
 - Sitting Postures
 - Lying Down Posture
3. Pranayama (Breathing Techniques)
 - Anulom Vilom (Alternate Nostril Breathing)
 - Kapalbhata (Skull Shining Breath)
 - Bhramari (Bee Breath)
 - Bhastrika (Bellows Breath)
4. Meditation and Relaxation
 - Guided Meditation Sessions
 - Techniques for Mental Relaxation
 - Yoga Nidra (Yogic Sleep)
6. Assessment and Certification:
 - Practical Demonstration of Learned Asanas
 - Written Test on Yoga Theory
 - Evaluation based on Participation and Progress

Conclusion

The Yoga Certificate Course conducted by the IQAC of BLDEA'S JSS College of Education was a resounding success, achieving its objectives of promoting health and well-being among student teachers. The positive feedback and outcomes underscore the importance of such initiatives in the holistic development of future educators.




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B.L.D.E.A's
JSS COLLEGE OF EDUCATION, P.G.STUDIES &
RESEARCH CENTRE IN EDUCATION, VIJAYAPUR

IQAC Initiative

In Collaboration With Centre For Yoga & Exercise Science
Shri.B.M.Patil Medical College, Hospital & Research Centre, Vijayapur

Yoga Camp - 2024

Valedictory Program on 19-02-2024 Time 4:00 PM

Chief Guest

Prof. I.S. Kalappanavar

Administrative Officer, B.L.D.E.A's S.S Campus Vijayapur

President

Dr.(Smt) B.Y.Khasnis

Principal, B.L.D.E.A's JSS College of Education, Vijayapur

Guest of Honor

Dr. Jyoti Kodnapur

Dept. of Physiology, Centre for Yoga and Exercise Science,
 B.L.D.E.A's Shri.B.M.Patil Medical College,
 Hospital & Research Centre, Vijayapur

Sri.Madivalappa Dodamani

Yoga Teacher, B.L.D.E.A's Shri.B.M.Patil Medical College,
 Hospital & Research Centre, Vijayapur

All are cordially invited

Sri. A.S. Masali
 Phy. Edn Instructor

Dr. B.Y. Khasnis
 Principal

Teaching and Non Teaching Staff & Student Teachers

IQAC Co-ordinator
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 VIJAYAPUR

B.L.D.E.A's
J.S.S.College of Education, Vijayapur
Notice



No: _____

Date -10.02.2024

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Principal
B.L.D.E.A's.
J.S.S. College of Education
VIJAYAPUR.

B.L.D.E.A's
J.S.S.College of Education, Vijayapur
Notice

No: _____

Date -10.02.2024

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Principal
B.L.D.E.A's.
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VIJAYAPUR.



BLDE (Deemed to be University)
Shri B. M. Patil Medical College, Hospital & Research Centre, Vijayapura

Accredited with 'A' Grade by NAAC (Cycle-2)

Centre for yoga and exercise science, Physiology

Certificate

THIS IS TO CERTIFY THAT



has participated in offline Foundation Course in Yoga Sciences for Holistic Health from 8-1-2024 to 19-2-2024 at **JSS COLLEGE OF EDUCATION VIJAYAPUR**, conducted by Advance Centre of Yoga for Cardiac Prevention and Rehabilitation, Centre for Yoga and Exercise Science, Department of Physiology, **BLDE (DEEMED TO BE UNIVERSITY), VIJAYAPUR, KARNATAKA.**
 This is one month (50 hour) part time Introductory Yoga Training Course.

DR. JYOTI KHODNAPUR
 Assoc. Prof. & Co-ordinator
 Dept. of Physiology

DR. LATA MULLUR
 Prof. & HOD Dept. of Physiology

DR. SUMANGALA PATIL
 Prof. & Vice Principal
 Academics
 Pre & Para clinical

DR. M.B. PATIL
 Principal & Dean Faculty
 of Medicine

DR. R.V. Kulkarni
 Registrar
 BLDE (Deemed to be University)

IQAC Co-ordinator
BLDEA's JSS College of Education
Vijayapur

Principal,
J.S.S. College of Education
VIJAYAPUR



Report on National Voters' Day Celebration-25th January 2024 -Time: 3:20 PM**

The Internal Quality Assurance Cell (IQAC) of BLDEA's JSS College of Education, Vijayapur, organized a special event to celebrate National Voters' Day on 25th January 2024 at 3:20 PM. The aim of the event was to create awareness among the student teachers about the importance of voting and to encourage them to participate actively in the democratic process.

1. To educate students about the significance of their vote.
 2. To motivate first-time voters to register and participate in elections.
 3. To promote the principles of democracy and the importance of fair elections.
- The event commenced with an inaugural address by the Principal, who emphasized the pivotal role of voting in a democratic society and encouraged students to exercise their voting rights responsibly.
 - A detailed awareness session was conducted by a guest speaker from the Election Commission. The session covered the process of voter registration, the importance of every single vote, and how young voters can make a difference.
 - All the participants took a pledge to uphold the democratic values and to vote in every election.

- An interactive session followed, where students were encouraged to ask questions and share their views on the electoral process. This session helped clear many doubts and myths related to voting.

- Voter ID application forms were distributed to students who had recently turned 18 and were eligible to vote for the first time.

Conclusion

The National Voters' Day celebration at BLDEA's JSS College of Education was a great success, with active participation from students and staff. The event not only educated and motivated young voters but also reinforced the importance of their role in shaping the future of the nation. The IQAC's efforts in organizing such an informative and interactive event were highly appreciated.




IQAC Co-ordinator
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Report on International Day of Clean Air and Blue Sky-Date: 07-09-2023

The International Day of Clean Air and Blue Sky is observed worldwide to raise awareness about the importance of clean air for health and the environment. BLDEA'S JSS College of Education, Vijayapur, through its Internal Quality Assurance Cell (IQAC), organized a series of activities to commemorate this day on 7th September 2023.

- A seminar was conducted in the college auditorium with expert speakers from the field of environmental science.

- Topics covered included the sources of air pollution, health impacts, and strategies for reducing air pollution.

- The seminar was well-attended by students, faculty, and staff.

- Workshops on practical measures to reduce air pollution were organized.

- Topics included sustainable transportation options, waste management, and energy conservation.

- Participants were engaged in hands-on activities to illustrate the impact of their actions on air quality.

- A campus-wide clean-up drive was organized involving students, faculty, and staff.

- The aim was to remove litter and promote a cleaner, healthier campus environment.

- The collected waste was segregated and disposed of responsibly.

- As part of the day's activities, a tree plantation drive was conducted on the college premises.

- Participants planted saplings, contributing to increasing green cover and improving air quality.

Conclusion

The International Day of Clean Air and Blue Sky at BLDEA'S JSS College of Education, Vijayapur, was a successful event that brought together students, faculty, and staff in a shared commitment to environmental sustainability. The activities conducted not only raised awareness but also instilled a sense of responsibility and proactive engagement towards creating a cleaner and healthier environment.




Principal,
J.S.S. College of Education
VIJAYAPUR.


IQAC Co-ordinator
BLDEA'S JSS College of Education
Vijayapur



Report on Fit India Guest Lecture on National Sports Day-Date-29th August 2023

The Internal Quality Assurance Cell (IQAC) of BLDEA's JSS College of Education, Vijayapur, organized a guest lecture as part of the Fit India initiative on 29th August 2023. This event aimed to promote physical fitness and raise awareness about the importance of a healthy lifestyle among student teachers.

The guest lecture was delivered by Prof Kailash Hiremath, a renowned fitness expert and wellness coach. Prof Kailash Hiremath has extensive experience in promoting physical fitness and has been involved in various health and fitness programs at both national and international levels. Miss Divya Siddappa Savalgi International Women Sico Ball Player was felicitated on occasion of Sports Day

- Welcome address by the Principal
- Introduction of the guest speaker by the IQAC Coordinator
- Importance of physical fitness
- Various forms of physical exercises and their benefits
- Tips for maintaining a balanced diet
- Strategies to integrate fitness into daily routines
- Q&A session with the guest speaker
- Personal experiences and success stories shared by Dr. Patil

Concluding Session-

- Vote of thanks by the student representative
- Distribution of fitness brochures and pamphlets



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IQAC Co-ordinator
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Report on Lifestyle and Indian Medicine Program-19-07-2023

On 19th July 2023, the Internal Quality Assurance Cell (IQAC) and the Red Cross unit of BLDEA'S JSS College of Education, Vijayapur, organized a comprehensive program on "Lifestyle and Indian Medicine." The event aimed to educate student teachers on the importance of maintaining a healthy lifestyle and the benefits of traditional Indian medicinal practices.

The program began with a formal inauguration, where the principal of BLDEA'S JSS College of Education, Vijayapur, delivered the welcome address. The keynote speaker, Dr. Renuka tenhalli, an expert in Ayurveda and holistic medicine, emphasized the significance of traditional Indian medicine in modern healthcare.

She discussed various aspects such as diet, exercise, stress management, and sleep hygiene. Practical tips and strategies for maintaining a balanced lifestyle were shared with the participants.


She demonstrated simple Ayurvedic remedies and practices that can be incorporated into daily routines. Participants also learned about the therapeutic benefits of yoga and pranayama through live demonstrations.

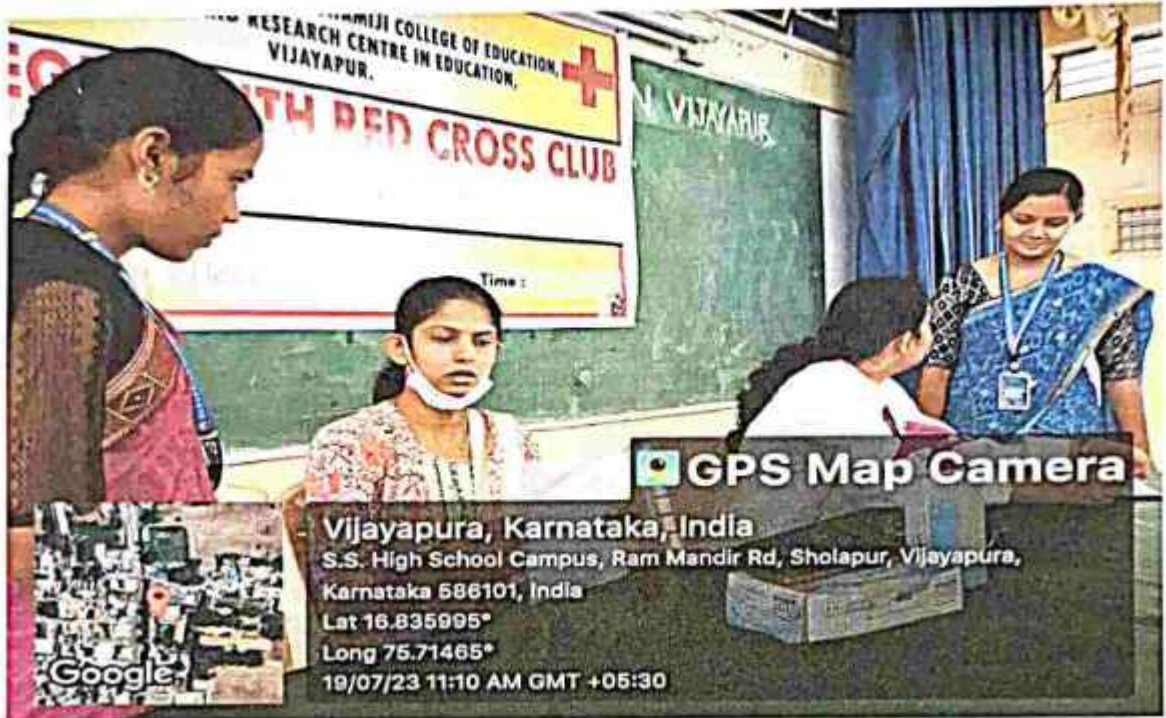
Conclusion

The "Lifestyle and Indian Medicine" program successfully achieved its objectives of promoting health awareness and traditional medicinal practices. The positive feedback from participants highlights the relevance and importance of such initiatives. BLDEA'S JSS College of Education, Vijayapur, remains committed to organizing similar events in the future to enhance the well-being of its community.




IQAC Co-ordinator
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Medical Check Up Programme-19-07-2023



20/7/23
IQAC Co-ordinator
B.L.D.E.A's J.S.S. College of Education
Vijayapur

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Reports on Extension and Out Reach Activities
On 24.03.2023
Street Play on Voters awareness Programme

Objectives of the Street Play at CTC

1. Educate the local community about social, health, and civic issues.
2. Foster a sense of community and involvement among the residents of Toravi.
3. Highlight the importance of active citizenship and community participation.
4. Provide student teachers with an opportunity to practice and develop their communication and organizational skills.
5. Create a platform for open discussion about local issues and possible solutions.

Report on the Street Play at CTC

1. Performance Preparation:

- Students prepared scripts focusing on various social issues such as health, education, hygiene, and civic responsibilities.
- Rehearsals were conducted to ensure smooth and impactful delivery.

2. Street Play Execution:

- The street play was performed in a central area of Tiravi, attracting a diverse audience.
- Themes included the importance of cleanliness, the significance of education, and the role of every citizen in community development.
- Interactive segments were included to engage the audience directly, making the play more relatable and impactful.

3. Community Interaction

- After the play, an open discussion was held with the audience to gather their views and feedback.
- Information pamphlets on health and hygiene were distributed.
- A Q&A session allowed community members to ask questions and share their concerns.

4. Outcome

- The play successfully raised awareness about key issues among the residents.
- It encouraged the community to take proactive steps towards improving their surroundings.
- Students gained valuable experience in public speaking and community engagement.

Conclusion:

The street play at Toravi as part of the Citizenship Training Camp was a successful event that achieved its objectives of raising awareness, engaging the community, and promoting active citizenship. The participation and positive response from the local community were encouraging, and it provided a meaningful learning experience for the student teachers.



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Reports on Extension and Out Reach Activities
Fire Extinguisher Programme-24/03/2023

Objectives of the Fire Extinguisher Program Demonstration

1. To educate participants on the importance of fire safety and prevention measures.
2. To provide hands-on training on the proper use of fire extinguishers.
3. To enhance the preparedness of participants to respond to fire emergencies.
4. To promote awareness of safety protocols in case of a fire.
5. To engage the local community in safety practices and increase their knowledge on fire-related hazards.

Report on Fire Extinguisher Program Demonstration

Event Summary

On 24th March 2023, BLDEA'S JSS College of Education, Vijayapur organized a fire extinguisher program demonstration at Toravi rural place. The event aimed to educate the local community about fire safety and the proper use of fire extinguishers.

Activities Conducted

1. Introduction Session

- A brief introduction to the importance of fire safety was given by the event coordinators.
- Explanation of different types of fire extinguishers and their uses.

2. Demonstration

- A live demonstration on how to use a fire extinguisher was conducted.
- Participants were shown the correct technique for operating various types of fire extinguishers.

3. Hands-on Practice

- Community members were given the opportunity to practice using the fire extinguishers under the supervision of trained professionals.
- Participants learned how to identify the type of fire and select the appropriate extinguisher.

4. Safety Protocols

- Detailed information was provided on safety protocols to follow during a fire emergency.
- Emphasis was placed on evacuation procedures and the importance of staying calm during a fire incident.

5. Q&A Session

- A question-and-answer session was held where participants could ask about fire safety and related concerns.
- Common myths and misconceptions about fire safety were addressed.

Outcomes

- Increased awareness among the rural community about fire safety.
- Enhanced ability of participants to respond effectively to fire emergencies.
- Positive feedback from attendees who appreciated the practical training and information provided.

Conclusion

The fire extinguisher program demonstration was a successful event that effectively engaged the Toravi rural community in learning vital fire safety skills. The hands-on practice and clear instructions provided by the trainers ensured that participants left with a better understanding of how to handle fire emergencies safely.






FaceBookLink:

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Reports on Extension and Out Reach Activities
Eye Check-up-Camp 24-03-2023

Objectives of the Free Eye Check-up Camp

1. Educate participants about the importance of regular eye check-ups and maintaining eye health.
2. Identify and diagnose common eye conditions early to prevent complications.
3. Offer free eye examinations and consultations to the rural population, who may have limited access to healthcare services.
4. Refer individuals needing further medical attention to appropriate healthcare facilities.
5. Contribute to the overall health and well-being of the Toravi rural community by addressing visual health issues.

Report on the Free Eye Check-up Camp

Participants:

- Local residents of Toravi rural area
- Student teachers and staff from BLDEA'S JSS College of Education, Vijayapur

Activities Conducted:

1. Eye Examinations

- Comprehensive eye check-ups were provided by a team of qualified optometrists.
- Visual acuity tests, refraction assessments, and eye pressure measurements were conducted.

2. Awareness Sessions:

- Informative sessions on eye care, common eye diseases, and preventive measures.
- Distribution of educational materials on maintaining eye health.

3. Distribution of Eyeglasses:

- Free eyeglasses were provided to individuals with refractive errors.
- On-the-spot fitting and adjustments were done to ensure comfort and proper vision correction.

4. Referrals:

- Participants requiring further medical intervention were referred to local eye care hospitals.
- Detailed reports and recommendations were provided for follow-up treatments.

Outcomes:

Total Participants-Individuals attended the camp.

Diagnosed Conditions-Common diagnoses included refractive errors, cataracts, and conjunctivitis.

Feedback:

The camp received a positive response from the local community, with many expressing gratitude for the services provided.

Student teachers gained practical experience in organizing and managing a health camp, enhancing their skills in community service and healthcare awareness.

Conclusion:

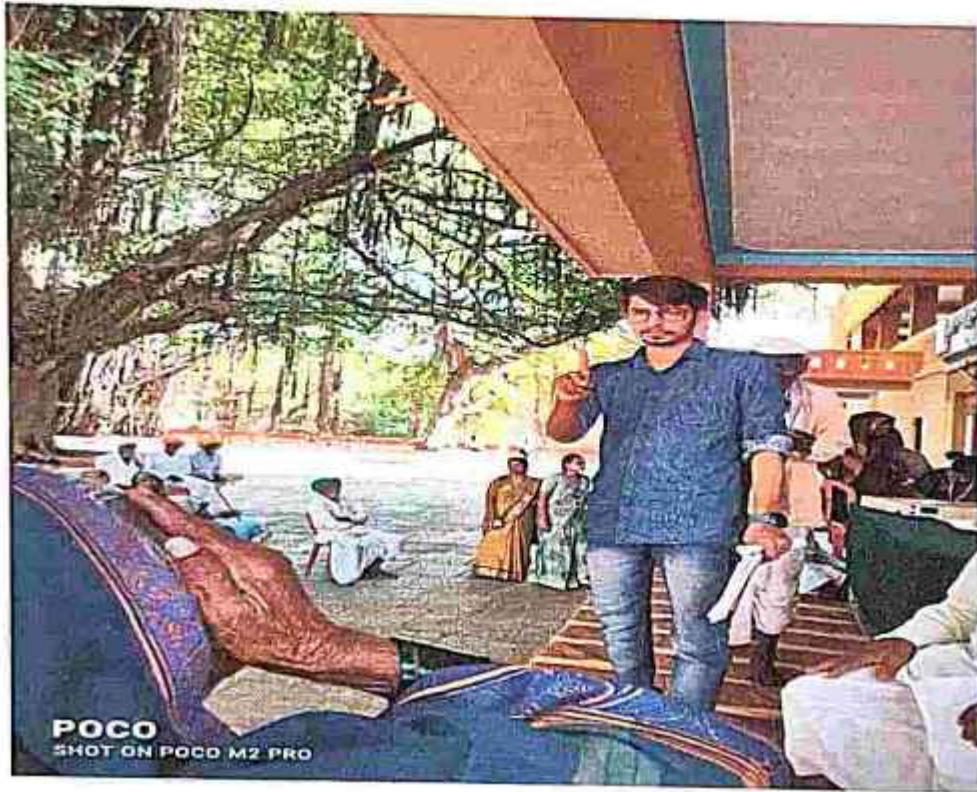
The free eye check-up camp at Toravi was a significant step towards improving the eye health of the rural population. It highlighted the need for regular eye care and facilitated access to necessary treatments. The event successfully met its objectives, benefiting the community and contributing to the overall mission of BLDEA'S JSS College of Education, Vijayapur, in promoting health and education.



Medical Check Up - Eye free check up Camp.



Free Check Up Camp of Eyes.



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Vijayapur

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Reports on Extension and Out Reach Activities

Food Festival-10/03/2023

Objectives of the Food Festival

1. To encourage student teachers to showcase and share diverse culinary traditions and cultural backgrounds through food.
2. To develop and enhance students' organizational, culinary, and teamwork skills.
3. To foster a sense of community and collaboration among student teachers and staff.
4. To provide a platform for students to experience the basics of food entrepreneurship, including budgeting, marketing, and customer service.
5. To promote awareness of healthy eating habits and the nutritional value of different foods.
6. To offer a fun and engaging activity that enhances the overall campus experience for students and staff.

Report on the Food Festival

The food festival organized by the student teachers of BLDEA'S JSS College of Education was a vibrant and successful event. It brought together a variety of culinary delights, showcasing the rich diversity of cultures represented within the college community.

Planning and Preparation

The planning for the food festival began a month in advance. A committee of student teachers was formed to oversee various aspects of the event, including logistics, stall assignments, and marketing. The students were divided into groups, with each group responsible for preparing specific dishes from their respective cultures.

Event Day Highlights

1. **Stall Setup-**The event featured **20 stalls**, each decorated according to the cultural theme of the food being presented. The stalls were arranged in a way that facilitated easy movement and interaction among attendees.
2. **Variety of Cuisines-** The festival showcased a wide range of cuisines, including local specialties, regional Indian dishes, and international foods. Popular items included PavBhaji, PaniPuri, Bhaji, , samosas, fruit Salad, and various street foods.
3. **Cooking Demonstrations-** There were live cooking demonstrations where student chefs showcased their culinary skills, sharing recipes and cooking tips with the audience.

4. Competitions- Several competitions were held, including a cooking contest and a best stall decoration competition. These competitions added an element of excitement and friendly rivalry to the event.

5. Feedback and Engagement-Attendees were encouraged to provide feedback on the dishes they tasted. This helped the student chefs understand the strengths and areas for improvement in their culinary creations.

Outcomes and Impact

The student teachers gained hands-on experience in organizing and managing a large-scale event. Their culinary and entrepreneurial skills were significantly enhanced.

The event fostered a deeper appreciation for diverse cultures and culinary traditions among participants and attendees.

The festival succeeded in building a stronger sense of community within the college. It provided a platform for students to collaborate, interact, and learn from each other.

The event received positive feedback from both participants and attendees, with many expressing a desire for more such events in the future.

Conclusion

The food festival was a resounding success, achieving its objectives of cultural exchange, skill development, and community building. It provided a unique and enjoyable experience for everyone involved, and its positive impact on the college community will be felt for a long time.






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Reports on Extension and Out Reach Activities

Clay Model and Paper Craft Event-Hands on Experience

On 23.09.2023

Objectives of the Clay Model and Paper Craft Event

1. Encourage student teachers to explore their creative potential and express their ideas through clay modeling and paper craft.
2. Improve dexterity and hand-eye coordination by working with materials like clay and paper.
3. Promote collaboration among student teachers as they work together on projects.
4. Demonstrate how art can be integrated into educational activities to make learning more engaging.
5. Provide a platform for student teachers to showcase their talents, boosting their confidence and self-esteem.
6. Encourage the preservation and appreciation of traditional arts and crafts.
7. Highlight the use of eco-friendly materials and the importance of sustainability in art projects.

Report on the Clay Model and Paper Craft Event

Participants-The event saw enthusiastic participation from student teachers, guided by faculty members from the Arts and Crafts department.

Activities Conducted

Clay Modeling-Student teachers created various models, including animals, plants, and everyday objects, showcasing their creativity and understanding of three-dimensional forms.

Paper Craft-Various paper crafts were made, such as origami, paper quilling, and collage work. Participants used colored papers, scissors, glue, and other materials to create intricate designs and patterns.

Workshops and Demonstration

-Introduction to Clay Modeling-A workshop on basic techniques of clay modeling, including shaping, molding, and finishing, was conducted.

Paper Craft Techniques- Demonstrations on different paper craft techniques, such as folding, cutting, and assembling, were provided to the participants.

Outcomes

1. The event successfully provided a platform for student teachers to express their creativity through hands-on activities.
2. Participants improved their fine motor skills and learned new techniques in clay modeling and paper craft.
3. The collaborative environment fostered teamwork and shared learning among student teachers.
4. Participants gained confidence in their artistic abilities, as evidenced by the quality of work displayed during the event.
5. The use of eco-friendly materials highlighted the importance of sustainability in art practices.

Feedback:

- Participants provided positive feedback, appreciating the opportunity to engage in creative activities and learn new skills.
- Faculty members noted the enthusiasm and dedication of the student teachers, highlighting the event's success in achieving its objectives.

Conclusion

The clay model and paper craft event at BLDEA'S JSS College of Education, Vijayapur, was a resounding success. It not only enhanced the creative abilities of the student teachers but also promoted teamwork, confidence, and an appreciation for traditional arts and crafts. Such events play a crucial role in the holistic development of future educators, equipping them with diverse skills and innovative teaching methodologies.





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Reports on Extension and Out Reach Activities
Cleaning the campus by NSS and RED CROSS
On 04.08.2022

Objectives of the Campus Cleaning Event

1. Educate students and staff about the importance of maintaining a clean and healthy environment.
2. Encourage teamwork and collaboration among students, staff, and volunteers.
3. Improve the cleanliness and visual appeal of the college premises.
4. Reduce health risks by eliminating potential breeding grounds for pests and maintaining a sanitary environment.
5. Instil sustainable practices in students and staff, emphasizing the need for on going environmental stewardship.

Report on the Campus Cleaning Event

Participants

Volunteers- **Over 50 volunteers** from the NSS and Red Cross Unit.
Staff-Faculty members and administrative staff participated actively.
Students-Students from various departments joined the initiative.

Activities Conducted

1. The event commenced with an orientation session led by the NSS and Red Cross coordinators, highlighting the objectives and tasks for the day.
2. Participants were divided into groups to collect and segregate waste into recyclable..
3. Volunteers cleaned different areas of the campus, including classrooms, corridors, playgrounds, gardens, and parking lots.
4. In addition to cleaning, a small tree plantation drive was organized, where volunteers planted saplings to promote greenery.

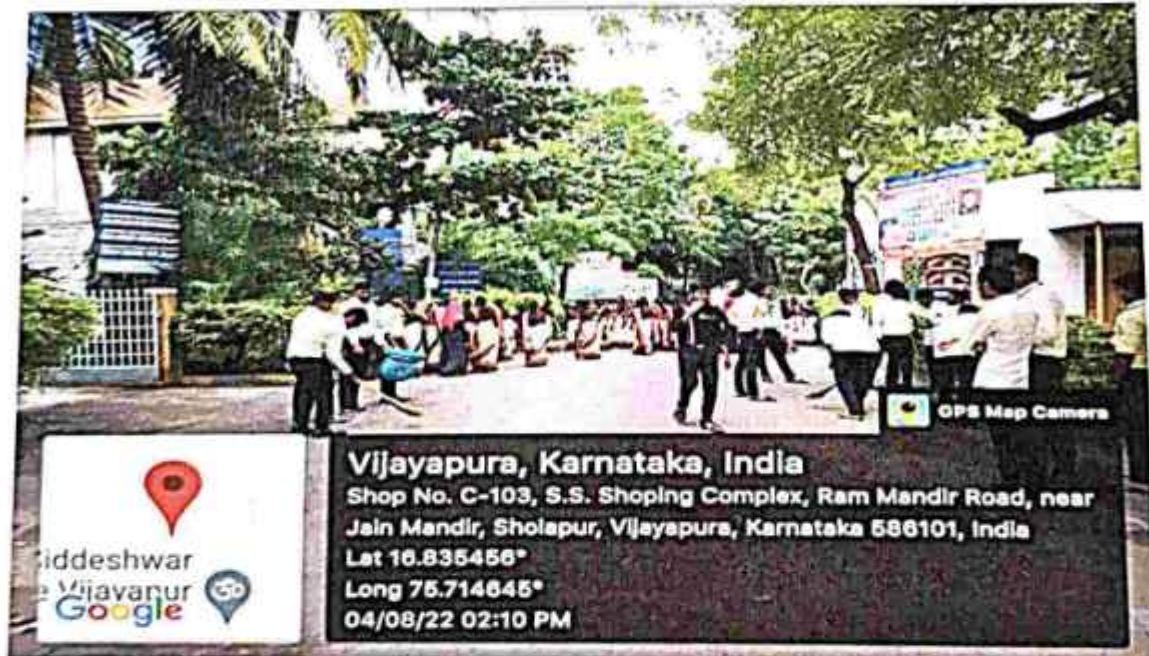
Outcomes

The college premises were thoroughly cleaned, resulting in a more pleasant and hygienic environment. Students and staff became more conscious of their responsibility towards maintaining a clean campus. The event fostered a sense of community and teamwork among participants. The initiative encouraged ongoing practices of waste segregation and recycling.

Conclusion

The campus cleaning event organized by the NSS and Red Cross Unit on 4th August 2022 was a resounding success, achieving its objectives and leaving a lasting impact on the college

community. The collaboration and dedication of the volunteers were commendable, setting a precedent for future initiatives aimed at promoting environmental sustainability and community involvement.




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Reports on Extension and Out Reach Activities
Celebrated NSS Day

Objectives of the NSS Day Swachh Bharat Program:-04-08-2022

1. Encourage students and staff to maintain cleanliness in and around the campus.
2. Increase awareness about the importance of hygiene and cleanliness in daily life.
3. Involve the local community in cleanliness activities to promote a culture of cleanliness.
4. Foster a sense of responsibility towards the environment by reducing waste and promoting sustainable practices.
5. Highlight the health benefits of maintaining a clean environment.

Report of the NSS Day Swachh Bharat Program

1. Campus Cleaning Drive:
 - Volunteers gathered early in the morning and were divided into groups.
 - Each group was assigned specific areas of the campus to clean.
 - Volunteers collected waste, removed litter, and cleaned classrooms, corridors, and the garden area.
 - Proper disposal of collected waste was ensured.
2. Awareness Campaign:
 - Posters and banners highlighting the importance of cleanliness were displayed around the campus.
 - Informative sessions were conducted to educate participants about proper waste management, recycling, and the impact of cleanliness on health and the environment.
3. Tree Plantation
 - A tree plantation drive was organized as part of the program.
 - Participants planted saplings around the campus, promoting greenery and environmental sustainability.
4. Guest Lecture
 - An expert guest speaker was invited to talk about the Swachh Bharat mission and its significance.
 - The lecture covered topics such as sustainable living practices and community involvement in cleanliness drives.

5. Feedback and Future Plans

- Participants were encouraged to provide feedback on the program.
- Plans for regular cleanliness drives and activities were discussed to ensure the initiative's continuity.

Outcome

- The program successfully engaged a large number of participants and instilled a sense of responsibility towards maintaining cleanliness.
- Increased awareness about the importance of a clean environment was observed among students and staff.
- The tree plantation drive contributed to the campus's greenery and environmental conservation efforts.

The NSS Day Swachh Bharat program at BLDEA'S JSS College of Education, Vijayapur, was a step forward in promoting cleanliness and environmental awareness among the academic community and be



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Reports on Extension and Out Reach Activities
Environment Day-Plantation of Saplings -06-06-2022

Objectives of the Environment Day Tree Plantation Event

1. Educate students and faculty about the importance of trees and the environment.
2. Contribute to reducing carbon footprint by planting trees, which absorb carbon dioxide.
3. Create habitats for various species and enhance the local ecosystem.
4. Increase green cover to improve air quality around the campus.
5. Encourage participation from students, faculty, and the local community in environmental conservation efforts.
6. Support sustainable development goals by integrating environmental conservation into educational activities.

Report on the Environment Day Tree Plantation Event

On 6th June 2022, BLDEA'S JSS College of Education, Vijayapur, celebrated Environment Day with a tree plantation drive on the college premises. The event aimed to raise awareness about environmental conservation and contribute to a greener, healthier planet. Students from various programs participated enthusiastically. Faculty members actively participated and guided the students.

1. Opening Ceremony

- The event began with a brief inauguration ceremony, where the principal of the college Dr B.Y.Khasnis and Guest Dr Anuradha Tanksali and Shri Ambadas Joshi emphasized the importance of trees and environmental conservation in his speech.

2. Tree Plantation

- Participants were divided into groups and assigned different areas on the campus for planting.

3. Educational Session

- An educational session on the benefits of trees and sustainable practices was conducted by an environmental expert.

4. Pledge

- Participants took a pledge to care for the saplings and promote environmental conservation in their daily lives.

Outcomes

The plantation of 25 trees significantly increased the green cover on the college campus. The event successfully raised awareness among students and community members about the importance of environmental conservation. The collaborative effort fostered a sense of community and shared responsibility towards the environment. The educational session provided valuable insights into sustainable practices and the role of individuals in combating climate change.

Conclusion


The Environment Day tree plantation event at BLDEA'S JSS College of Education, Vijayapur, was a resounding success. It not only enhanced the campus's green cover but also instilled a sense of environmental responsibility among participants. The college plans to continue such initiatives in the future to promote sustainable development and environmental conservation.

INVITATION CARD

BLDEA'S JSS COLLEGE OF EDUCATION PG STUDIES IN EDUCATION AND RESEARCH CENTRE VIJAYAPUR		
With IQAC Initiative and SCIENCE CLUB and Parisar Jagriti Vedike Vijayapur		
CELEBRATION - WORLD ENVIRONMENT DAY 06-06-2022 at 10:30AM		
Chief Guest: Shri. Ambadas Joshi <small>Retd. Teacher P.D.J. High School Vijayapur</small>		
Guest Speaker: Smt. Anuradha Tankasali <small>Assistant Professor, BLDEA's Dr. J.G. Hatkatti College of Engg & Technology Vijayapur</small>		
President: Dr. B. Y. Khasnis <small>Principal</small> <small>BLDEA'S JSS College of Education PG Studies in Education and Research Centre Vijayapur</small>		
ALL ARE CORDIALLY INVITED		
<small>Principal and Staff</small>	<small>IQAC Coordinator Dr. M.S. Hirmath</small>	<small>Club In-Charge Dr. J.S. Patilshetti</small>




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Reports on Extension and Out Reach Activities
SwacchaSarvekshane-Swachh Bharat Programme -15-03-2022

Objectives of "SachaSarvekshana" Swachh Bharat Program

1. Encourage students and staff to maintain cleanliness in and around the campus.
2. Educate participants about the importance of cleanliness for health and well-being.
3. Foster a sense of responsibility and active participation in maintaining a clean environment.
4. Introduce sustainable waste management practices and reduce the use of plastics.
5. Highlight the health benefits associated with a clean and hygienic environment.

Report of "SachaSarvekshana" Swachh Bharat Program

A series of awareness sessions were conducted, focusing on the health benefits of cleanliness, the importance of waste segregation, and sustainable practices. Experts in the field of public health and sanitation were invited to share their insights.

Participants were divided into groups and assigned different areas of the campus to clean. This activity included picking up litter, sweeping, and disposing of waste responsibly.

Participants were taught practical methods for waste management at home and in their communities. The program concluded with a feedback session where participants shared their experiences and suggestions. Plans for future cleanliness drives and sustainability initiatives were discussed.

Outcomes:

- Increased awareness about the importance of cleanliness among participants.
- Improved cleanliness and hygiene standards within the campus.
- Enhanced community spirit and teamwork among students and staff.
- Initiation of sustainable waste management practices on campus.
- Commitment to regular cleanliness drives and ongoing efforts to maintain a clean environment.

The "SachaSarvekshana" program was a successful initiative under the Swachh Bharat mission, promoting a culture of cleanliness and sustainability at BLDEA'S JSS College of Education, Vijayapur.




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Health Check up Blood Donation Camp -26.07.2022

Objectives:

- 1) Educate participants on the importance of regular health check-ups.
 - Provide information on maintaining a healthy lifestyle and preventing common diseases.
- 2) Conduct basic health screenings to detect potential health problems early.
 - Offer consultations and advice on managing identified health concerns.
- 3) Provide access to medical professionals and health services for the college community.
 - Encourage participants to seek further medical advice and treatment if needed.
4. Foster a Health-Conscious Environment:
 - Create a culture of health and well-being within the college.
 - Encourage students and staff to prioritize their health and wellness.

Report:

1. Medical Screenings:
 - General health check-ups, including blood pressure, blood sugar, and BMI measurements.
 - Vision and hearing tests.
 2. Consultations:
 - One-on-one consultations with doctors and healthcare professionals.
 - Nutritional advice and counseling.
- A brief introduction to the importance of blood donation by the Dr Prakash Patil In-charge Blood Bank ShriB.M.Patil Medical college and Research Centre, Vijayapur
- An informative session by the medical professionals on the benefits and safety of blood donation.
- The blood donation process was as follows:
- 1.Registration- **28 Donors registered** their details of student Teachers at the registration desk.
 2. Pre-Donation Check up- Medical professionals conducted preliminary health checks, including blood pressure, haemoglobin levels, and general fitness.
 - 3.Blood Donation- Eligible donors proceeded to donate blood under the supervision of trained medical staff.
 4. Post-Donation Care- Donors were provided refreshments and advised to rest for a short period before resuming their activities

- Positive feedback from participants regarding the usefulness and accessibility of the services provided.
- Increased awareness of the importance of regular health check-ups and preventive healthcare measures.


Conclusion:

The health check-up camp on 26/07/2022 was a successful initiative that met its objectives of promoting health awareness, detecting health issues early, improving access to healthcare, and fostering a health-conscious environment at BLDEA'S JSS College of Education, Vijayapur. The event highlighted the importance of regular health screenings and provided valuable medical advice to the college community.






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Report on Celebration of International Yoga Day (Online) at BLDEA'S J. S. S. College of Education, Vijayapur on 24.06.2021

Platform: Online (Googal meet)

Guest Speaker: Dr. Rajashekhar Benakanahalli, Professor, GFGC Women's College, Vijayapur

BLDEA'S J. S. S. College of Education, Vijayapur, celebrated International Yoga Day virtually on 24th June 2021, adapting to the ongoing pandemic restrictions. The event aimed to promote the importance of yoga for physical and mental health, especially during these challenging times.

Objectives:

- To raise awareness about the benefits of yoga.
- To encourage students and faculty to incorporate yoga into their daily routines.
- To provide practical knowledge and demonstrations of various yoga techniques in an online format.

Event Proceedings

1. Inauguration:

- The online event began with a welcome address by Dr. B. Y. Khasnis, Principal of the college, who highlighted the significance of International Yoga Day and the need for physical and mental well-being during the pandemic.
- The Principal expressed gratitude to Dr. Rajashekhar Benakanahalli for his participation and expertise.

2. Guest Speaker Session:

- Dr. Rajashekhar Benakanahalli, a distinguished professor from GFGC Women's College, Vijayapur, was the guest speaker for the event.
- Dr. Benakanahalli delivered an engaging lecture on the history, philosophy, and benefits of yoga. He explained how yoga can help manage stress, improve immunity, and enhance overall health.
- He emphasized the relevance of yoga during the pandemic, as it helps in maintaining mental peace and physical fitness.

3. Yoga Demonstration:

- Following the lecture, Dr. Benakanahalli conducted a live yoga session, demonstrating various yoga asanas (postures) and pranayama (breathing techniques) through the online platform.
- Participants, including students and faculty members, followed the instructions and practiced the demonstrated techniques in real-time.
- The session was designed to accommodate different skill levels, ensuring that everyone could participate and benefit from the exercises.

4. Interactive Session:

- An interactive Q&A session was held, allowing participants to ask Dr. Benakanahalli questions about yoga practices, its benefits, and how to incorporate yoga into their daily routines.

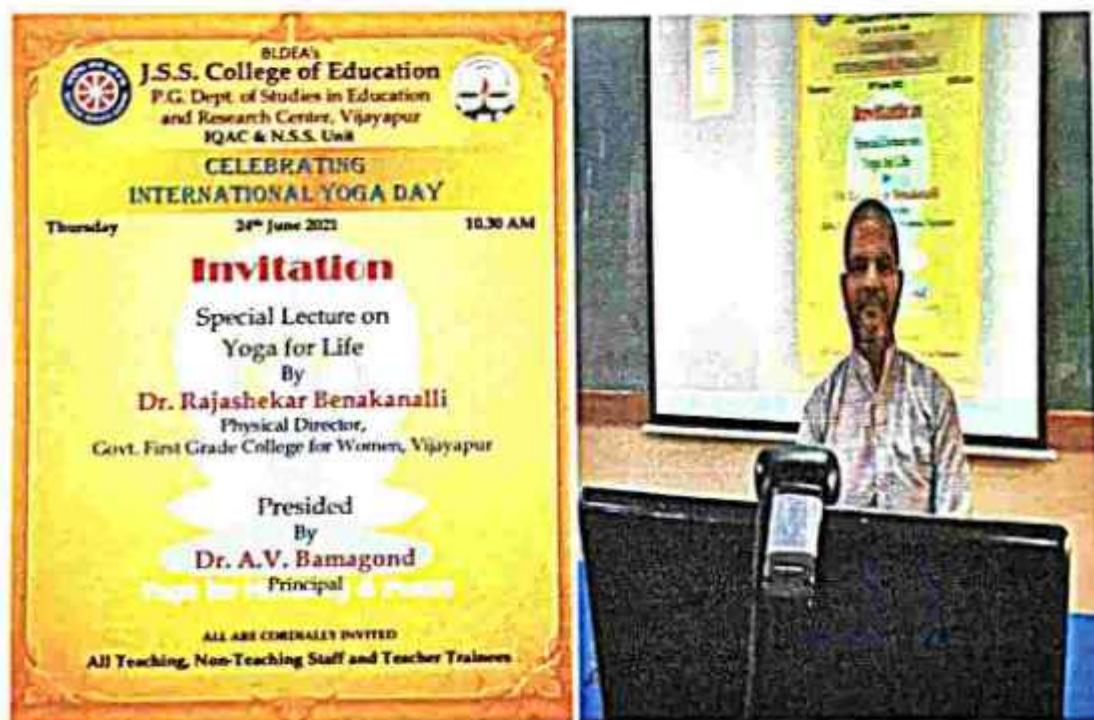
- Dr. Benakanahalli provided detailed answers and practical tips, encouraging everyone to practice yoga regularly for better health.

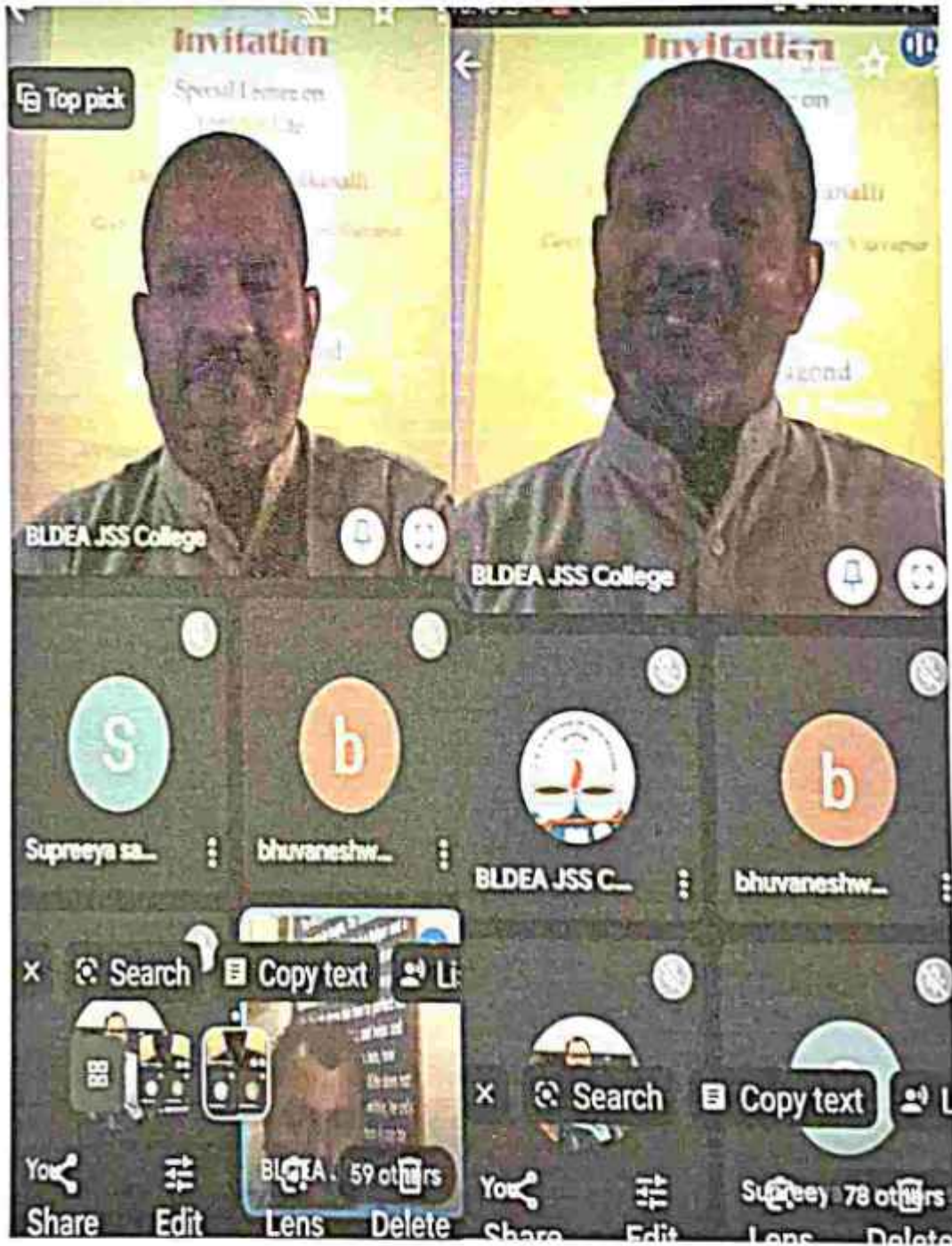
5. Closing Remarks:

- The event concluded with a vote of thanks by Dr. M. B. Kori senior faculty member, who expressed appreciation for Dr. Benakanahalli's valuable contribution and thanked all participants for their active involvement

Conclusion:

The online celebration of International Yoga Day at BLDEA'S J. S. S. College of Education, Vijayapur, was a great success. Despite the virtual format, the event effectively highlighted the importance of yoga and inspired many to incorporate yoga into their daily lives. The college looks forward to organizing similar online events in the future to continue promoting the benefits of yoga and well-being among its community.





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Reports on Extension and Out Reach Activities

Yoga Camp- Yoga and Asana Event Practice- 05.04.2022

Objectives of the Yoga and Asana Event on 05/04/2022

1. To enhance physical fitness and flexibility among participants through various yoga asanas.
2. To reduce stress and anxiety by incorporating mindfulness and meditation practices.
3. To educate participants about the benefits of regular yoga practice.
4. To foster a sense of community and collective well-being among students and staff.
5. To encourage a balanced lifestyle integrating body, mind, and spirit.

Report on the Yoga and Asana Event on 05/04/2022

Summary of Activities:

1. Introduction and Warm-Up:
 - The event began with a brief introduction to the objectives of the session.
 - Participants were guided through a series of warm-up exercises to prepare their bodies for the yoga practice.
2. Yoga Asanas Practice:
 - Various asanas were demonstrated and practiced, including Tadasana (Mountain Pose), Vrikshasana (Tree Pose), Trikonasana (Triangle Pose), and more.
 - Instructors emphasized the correct form and alignment for each pose to prevent injuries and maximize benefits.
3. Breathing Exercises and Meditation:
 - Pranayama techniques such as Anulom Vilom (Alternate Nostril Breathing) and Kapalbhati (Skull Shining Breath) were introduced to enhance respiratory health and concentration.
 - A guided meditation session was conducted to promote relaxation and mental clarity.
4. Interactive Session:
 - Participants had the opportunity to ask questions and share their experiences with yoga.
 - Instructors provided personalized tips and adjustments based on individual needs and capabilities.

5. Conclusion:

- The event concluded with a relaxation phase (Shavasana) to help participants integrate the benefits of the practice.
- Feedback was collected from participants to assess the impact of the session and gather suggestions for future events.


Outcomes:

Participants reported feeling more relaxed, energized, and focused after the session. Many participants expressed a greater understanding of the benefits of yoga and an interest in continuing their practice. The event successfully brought together a diverse group of individuals, fostering a sense of unity and shared purpose. Overall, the yoga and asana event at BLDEA'S JSS College of Education, Vijayapur, was a successful initiative that contributed to the physical and mental well-being of the participants.



Face book link-<https://youtu.be/oC1XF0gt5Nc?si=Q8rU9uHvXqBm1LO->


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Report on Obavva Pade - Women Defense Programme- 07-12-2021

The Internal Quality Assurance Cell (IQAC) of BLDEA'S JSS College of Education, Vijayapur, organized the Obavva Pade - Women Defense Programme on December 7, 2021. This event aimed to empower women by providing them with essential self-defense skills, raising awareness about personal safety, and boosting their confidence.

Students, faculty members, and staff of BLDEA'S JSS College of Education

- The programme commenced with an inauguration ceremony. The chief guest for the event was a renowned self-defense expert and trainer, Ms. Anjali Kumar.

- The principal of BLDEA'S JSS College of Education, Dr. S. R. Patil, welcomed the guests and participants and emphasized the importance of self-defense training for women.

- Smt Jayanti Rathod conducted an intensive self-defense training session. She demonstrated various techniques to defend against physical attacks and explained the psychological aspects of self-defense.

- The session included practical exercises where participants practiced the techniques under the guidance of the trainer.

- An interactive session followed the training, where participants asked questions and shared their concerns regarding personal safety.

- Ms. Kumar provided valuable tips on staying vigilant and handling potential threats.

- A guest lecture was delivered by a local police officer, Inspector Priya Desai, on the legal aspects of self-defense and the importance of reporting crimes.

- Inspector Desai also discussed the available resources and support systems for women in distress.

Conclusion

The IQAC of BLDEA'S JSS College of Education, Vijayapur, remains committed to organizing more such programmes in the future to continue empowering and educating women. The success of the Obavva Pade programme is a testament to the college's dedication to the safety and well-being of its students and staff.




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Save Tree Procession -18.11.2021

The "Save Tree" procession conducted by BLDE JSS College of Education, Vijayapur on 18/11/2021 aimed to raise awareness about environmental conservation, specifically focusing on the importance of preserving trees. The objectives and report of the procession would typically include:

Objectives

- 1) Educating students and the community about the significance of trees in the environment.
- 2) Promoting sustainable practices and encouraging tree plantation initiatives.
- Creating awareness about the impact of deforestation and urbanization on the ecosystem.
- 3) Engaging students actively in environmental protection efforts.

Report :

- 1) Date and location of the procession.
- 2) Number of participants, including students, faculty, and community members.
- 3) Activities conducted during the event, such as speeches, placard displays, tree planting, or educational sessions.
- 4) Impact and feedback received from participants and observers.
- 5) Future plans or initiatives planned to continue promoting tree conservation.

Conclusion:

This information can be detailed further based on specific activities and outcomes observed during the procession.




Conclusion:

This information can be detailed further based on specific activities and outcomes observed during the procession.




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Conclusion:

This information can be detailed further based on specific activities and outcomes observed during the procession.




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Reports on Extension and Out Reach Activities

Health Check up Camp-26-10-2021

Objectives of the Health Check-Up Camp:

1. To educate students and staff about the importance of regular health check-ups and preventive healthcare measures.
2. To facilitate early detection of health issues among participants through comprehensive health screenings.
3. To promote overall well-being by offering medical consultations and guidance on maintaining a healthy lifestyle.
4. To foster a sense of community involvement in health-related activities among students and staff.

Report on the Health Check-Up Camp:

The health check-up camp conducted at BLDEA'S JSS College of Education, Vijayapur on 26th October 2021 was successful in achieving its objectives. The camp aimed to provide comprehensive health screenings and promote health awareness among participants. Here are the key highlights and outcomes:

- 1) Participant Engagement- A significant number of students, faculty, and staff actively participated in the camp, showing enthusiasm towards their health.
- 2) Health Screenings-Various health screenings were conducted, including blood pressure checks, blood sugar tests, BMI measurements, and basic medical consultations.
- 3) Educational Sessions-Informational sessions were conducted to educate participants about common health issues, preventive measures, and the importance of regular health check-ups.
- 4) Medical Consultations- Participants received personalized medical advice and consultations from healthcare professionals based on their screening results.

- 5) Awareness and Follow-Up-The camp helped raise awareness about health issues and encouraged participants to follow up with regular health check-ups for early detection and prevention.

Conclusion:

Overall, the health check-up camp was instrumental in promoting health consciousness and fostering a healthier campus community at BLDEA'S JSS College of Education, Vijayapur.



20/10/21
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**BLDEA's
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Reports on Extension and Out Reach Activities**

Yoga Camp -28.2.2020 to 20.03.2020

Organizing a yoga camp at BLDEA'S JSS College of Education, Vijayapur, is a great initiative! Here are some objectives you could consider for the camp and how you might structure your report:

Objectives of the Yoga Camp:

1. Enhance participants' physical fitness, flexibility, and stamina through regular yoga practice.
2. Reduce stress, anxiety, and improve overall mental clarity and emotional balance.
3. Introduce participants to the traditional aspects and philosophy of yoga.
4. Foster a sense of community and camaraderie among participants.
5. Teach various yoga postures (asanas), breathing exercises (pranayama), and meditation techniques.
6. Raise awareness about the importance of yoga in maintaining a healthy lifestyle.

Report:

1. Introduction:

- Provide background information on why the yoga camp was organized, its objectives, and its significance.

2 Methodology:

- Describe how the camp was structured (daily schedule, sessions conducted, types of yoga practiced).
- Mention any guest instructors or experts involved.

3. Activities and Sessions:

- Detail the daily activities and sessions conducted during the camp.
- Highlight key yoga techniques taught and their benefits.

4. Participant Feedback:

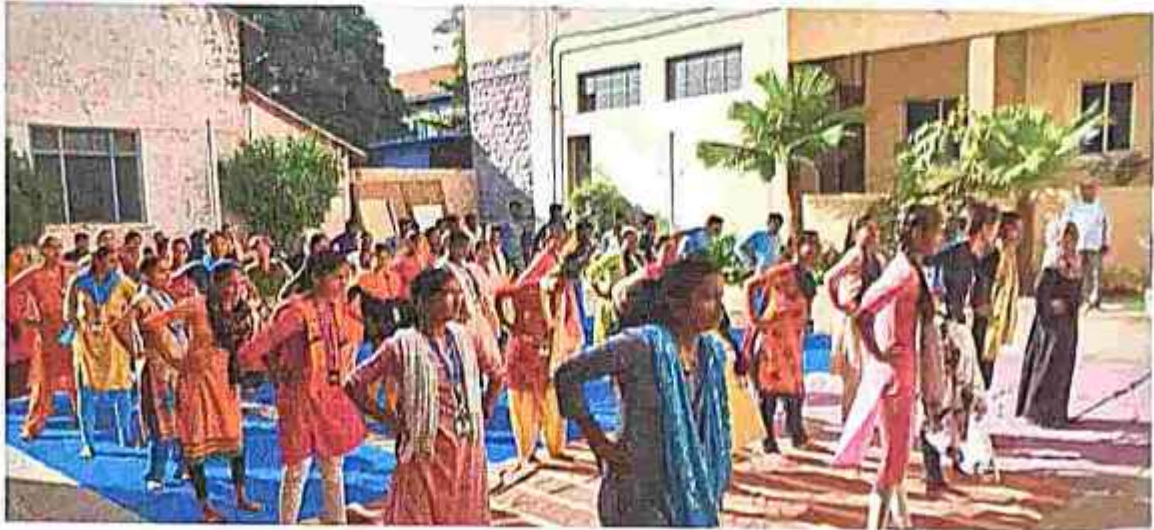
- Include feedback from participants regarding their experience, benefits gained, and any challenges faced.

5. Impact and Results:

- Discuss the overall impact of the camp on participants' physical and mental well-being.
- Share any measurable outcomes or improvements observed.

6. Conclusion:

- Summarize the success of the yoga camp in achieving its objectives.
- Discuss any future plans or recommendations based on the camp's outcomes.



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Reports on Extension and Out Reach Activities
Environment and Law-Guest Lecture- 26.12.2020

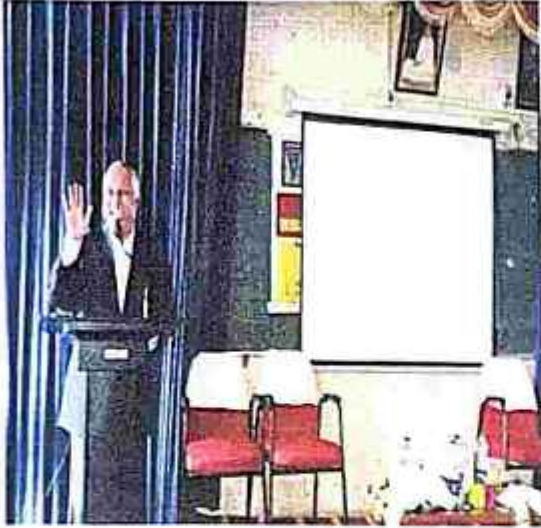
To create a comprehensive report on the special guest lecture on "Environment and Law" held at BLDEA'S JSS College of Education, Vijayapur on 26/12/2020, consider including the following objectives and components:

Objectives of the Guest Lecture:

1. To educate students and local community members about environmental laws and their implications
2. Raise awareness about environmental challenges specific to rural areas and the legal frameworks available for addressing them.
3. Foster community engagement in environmental conservation efforts through legal channels.

Report:

1. Introduction: - Brief overview of the guest lecture, its purpose, and significance.
2. Guest Speaker - Background information about the speaker(s) who delivered the lecture.
3. Topics Covered - Detailed outline of the environmental laws discussed.
- Specific focus on issues relevant (e.g., agriculture, water conservation, waste management).
4. Audience Engagement - Description of audience demographics (students, faculty, local community members).
- Feedback or questions raised during the lecture.
5. Impact and Outcomes - Analysis of the lecture's impact on participants' understanding of environmental laws and rural challenges.
- Any actionable outcomes or commitments made by attendees.



INTERLOCUTION In the presence of Resource person Hon'ble
Justice Shri H.N. Nagamohan Das, Rtd. High court Judge, Bengaluru

02/05/23 Ultra


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Reports on Extension and Out Reach Activities**

Covid 19 Test Camp_11-12-2020

COVID-19 test camp at BLDEA'S JSS College of Education, Vijayapur, held on 11th December 2020, aimed to achieve the following

Objectives:

1. To identify and isolate COVID-19 positive cases at an early stage to prevent the spread of the virus within the college and the surrounding community.
2. To educate students, faculty, and staff about the importance of regular testing, symptoms of COVID-19, and preventive measures to curb the spread of the virus.
3. To ensure adherence to COVID-19 safety protocols such as social distancing, wearing masks, and sanitization within the campus.
4. To monitor the health status of the college community and provide necessary medical advice and support to those in need.
5. To extend support to the local healthcare system by contributing to the overall testing and tracking efforts within the region.

Report:

Participants:

- Students
- Faculty
- Administrative staff
- Local residents

Activities:

- 1) Participants were registered and screened for COVID-19 symptoms, including temperature checks and health questionnaires.
- 2.) Nasal and throat swab samples were collected from the participants by trained healthcare professionals following strict safety protocols.
- 3) Informational sessions were conducted to educate participants on COVID-19 symptoms, preventive measures, and the importance of testing and isolation.
- 4) The entire testing area was regularly sanitized to ensure a safe environment for both participants and healthcare workers.

Conclusion:

The COVID-19 test camp at BLDEA'S JSS College of Education was successful in achieving its objectives. It played a crucial role in early detection and isolation of positive cases, thereby contributing to the safety and well-being of the college community and the surrounding area. The camp also raised awareness about the importance of regular testing and adherence to COVID-19 safety measures.




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5th International Yoga Day 21-06-2019

The 5th International Yoga Day was celebrated with great enthusiasm at BLDEA's JSS College of Education, Vijayapur, on 21st June 2019. The event was marked by a series of activities aimed at promoting the physical, mental, and spiritual benefits of yoga.

Objectives of celebrating International Yoga Day are multifaceted, aiming to promote the physical, mental, and spiritual well-being of individuals. Here are some of the key objectives:

1. Promote Health and Wellness;
2. Foster Mental Peace and Well-being
3. Spread Awareness of Yoga's Benefits
4. Encourage a Healthy Lifestyle
5. Promote Unity and Harmony
6. Preserve and Promote Cultural Heritage

Report:

Inauguration Ceremony

The event began with an inaugural ceremony attended by Principal Dr M.S.Hiremath, faculty members, and students. The Principal of the college, Dr. M.S.Hiremath delivered the welcome address, emphasizing the importance of yoga in daily life.

Yoga Demonstration

Professional yoga instructors our Past Student Shri Lokesh Honmore were invited to demonstrate various asanas and breathing techniques.

Participants, including students and faculty, actively engaged in performing the yoga postures under the guidance of the instructors.

Interactive Sessions

Interactive sessions were held where participants could ask questions and discuss the challenges they face in maintaining a regular yoga practice.

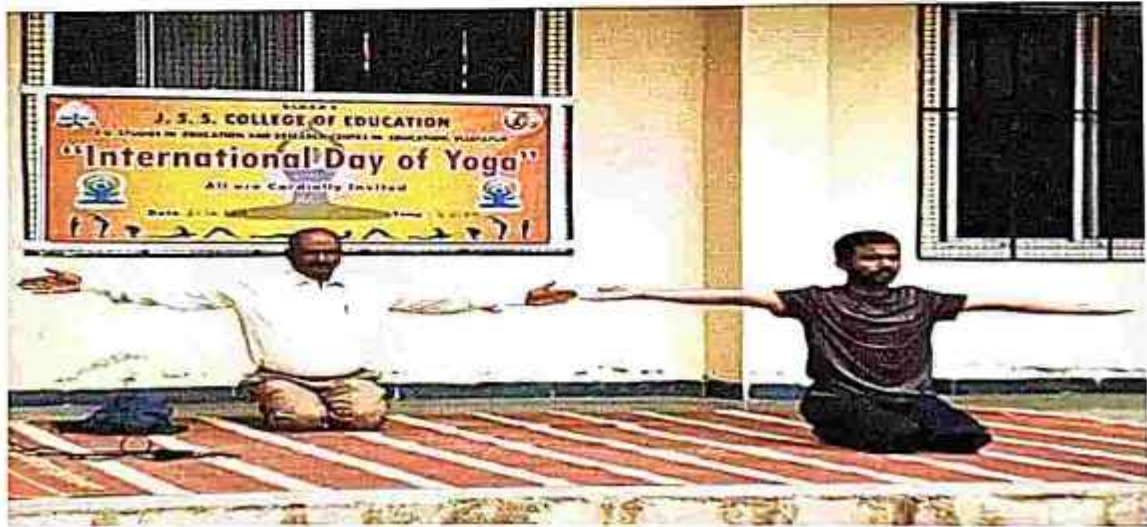
Tips and suggestions were provided by the experts to help incorporate yoga into daily routines.

Concluding Ceremony

The celebration concluded with a vote of thanks by the event coordinator, Dr M.B.Kori

Impact and Feedback:

The celebration of the 5th International Yoga Day at BLDEAs JSS College of Education was a resounding success, with a significant turnout and active participation from the college community. The event not only raised awareness about the benefits of yoga but also inspired many to adopt a healthier and more balanced lifestyle. Participants expressed their appreciation for the well-organized event and the valuable insights gained from the sessions. The college looks forward to continuing the tradition of celebrating International Yoga Day and promoting the practice of yoga among students and faculty in the years to come.



YouTube links- <https://youtu.be/yqpCKgPWk4e?si=5JV6tVhTWqq94xV5>


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Reports On Extension and Out Reach Activities
Blood Donation Camp-31-10-2019

Blood donation camp was organized at BLDEA's JSS College of Education, Youth Red Cross Cell Vijayapur. This event was held in collaboration with Shri B.M. Patil Medical college and Research Centre, Vijayapur, aiming to contribute to the community by providing a platform for voluntary blood donors.

Objectives

1. To raise awareness about the importance of blood donation.
2. To encourage students and faculty to participate in the noble cause.
3. To collect blood for patients in need in the local hospitals.

Report:

The event was meticulously planned by the college administration, student volunteers, and the partnering organization. Key steps included:

- Coordination with the blood bank for equipment and medical personnel.
- Promotion of the event through posters, social media, and announcements.
- Setting up the venue with necessary facilities, including registration desks, resting areas, and refreshment zones.

Execution:

The camp commenced at 10:00 AM with an inaugural ceremony attended by the college Principal Dr M.S. Hiremath, faculty members, and representatives from the partnering organization. The ceremony included:

- A brief introduction to the importance of blood donation by the Dr Prakash Patil In-charge Blood Bank Shri B.M. Patil Medical college and Research Centre, Vijayapur
- An informative session by the medical professionals on the benefits and safety of blood donation.

The blood donation process was as follows:

1. Registration- **14 Donors registered** their details of student Teachers at the registration desk.
2. Pre-Donation Check up- Medical professionals conducted preliminary health checks, including blood pressure, haemoglobin levels, and general fitness.
3. Blood Donation- Eligible donors proceeded to donate blood under the supervision of trained medical staff.
4. Post-Donation Care- Donors were provided refreshments and advised to rest for a short period before resuming their activities.

Outcomes


- Raised awareness about the critical need for blood donation.
- Fostered a sense of community service among participants.
- Contributed to the local blood bank's reserves, potentially saving numerous lives.

Conclusion

The blood donation camp at BLDEA's JSS College of Education, Vijayapur, was a resounding success. It not only achieved its objectives but also inspired many to commit to regular blood donation. The college plans to make this a recurring event, strengthening its contribution to societal welfare.




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Somanath, Kodate

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Prof. & HOD

Dept. of Pathology,

B.L.D.E.U's Shri B. M. Patil
Medical College, BIJAPUR-586103

ಅಧೀಕ್ಷಕರು

Medical Superintendent

BLDE (Deemed to be University)

Shri B. M. Patil Medical College
Hospital & R.C. VIJAYAPURA-586103.

PRINCIPAL

BLDE (Deemed to be University)
Shri B. M. Patil Medical College
Hospital & Research Centre,
VIJAYAPUR- 586103

ರಕ್ತದಾನ ಮಾಡಿ, ಜೀವ ಉಳಿಸಿ...

IQAC Co-ordinator
BLDEA's JSS College of Education
Vijayapur

Principal,
J.S.S. College of Education
VIJAYAPUR.

Donar Name / Address :

Somanath. Kodate
J.S.S College Vijayapur
8310207805-

Dear Sir/Madam

This is in appreciation of your noble service rendered in saving a life. We are extremely grateful to you for donating blood to mitigate the need of suffering humanity.


Occupation : Student

This donation ensures the availability of blood for the donor and his/her family for one year.

Group : 'A' Rh.Type : Positive


You can again donate after 3 to 6 months safely and you will be honored according to the number of blood donation.

Signature of Donar

No. of Donation	Register No.	Date of Donation	Signature of Blood Bank Officer
1	3419	31/10/19	
			B.L.D.E. (Department of University)
			Shri B.M. Patil Medical College, Hospital & R.C., Vijayapur-585103.

Present this card before each blood donation and when blood is required, blood will be given if the stock available at the time


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ಬಿ.ಎಲ್.ಡಿ.ಇ. ವಿಶ್ವವಿದ್ಯಾಲಯ
ಶ್ರೀ ಬಿ. ಎಂ. ಪಾಟೀಲ ವೈದ್ಯಕೀಯ ಮಹಾವಿದ್ಯಾಲಯದ ಆಸ್ಪತ್ರೆ
ಮತ್ತು ಸಂಶೋಧನಾ ಕೇಂದ್ರ, ವಿಜಾಪುರ

Ragavendra, Badiger

ಇವರು ತಮ್ಮ ರಕ್ತದಾನ ಮಾಡಿ ಪ್ರಾಣಾಪಾಯದಲ್ಲಿದ್ದ ಓರ್ವ ರೋಗಿಯ ಪ್ರಾಣ ಉಳಿಸಲು
ನೆರವಾಗಿದ್ದಾರೆ. ತಮ್ಮ ದೇಹದ ಒಂದು ಭಾಗವನ್ನು ದಾನ ಮಾಡಿದ ಇವರ ದಾನವು ಶ್ರೇಷ್ಠವಾದದ್ದು.

ಇಂತಹ ಶ್ರೇಷ್ಠ ದಾನಿಯಾದ ಇವರಿಗೆ ನಾವು

ರಕ್ತದಾನಿ

ಎಂದು ಪ್ರಮಾಣ ಪತ್ರವನ್ನು ನೀಡಿ ಸನ್ಮಾನಿಸುತ್ತಿದ್ದೇವೆ.

B.L.D.E. (Deemed to be University)
Shri B. M. Patil Medical College, Hospital
& R.C., Vijayapur-586103.

Prof. & HOD
Dept. of Pathology,
B.L.D.E.'s Shri B. M. Patil
Medical College, VIJAYAPUR-586103.

Medical Superintendent
BLDE (Deemed to be University)
Shri B. M. Patil Medical College
& R.C. VIJAYAPURA-586103.

PRINCIPAL
BLDE (Deemed to be University)
Shri B. M. Patil Medical College
& Research Centre,
VIJAYAPUR - 586103

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Vijayapur

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J.S.S. College of Education
VIJAYAPUR.

Donar Name / Address:
Ragavendra. Badiger
J.S.S. College vijayapur
8722446443.

Occupation: Student

Group: 'A' Rh.Type: positive

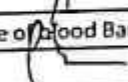
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No. of Donation	Register No.	Date of Donation	Signature of Blood Bank Officer
1	3418	31/10/19	
			Blood Bank Officer B.A.D.E. (Deemed to be University) Shri. B.M. Patil Medical College, Hospite R.C. Vijayapur-586103.

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**BLDEA's
JSS College of Education, Vijayapur
Reports On Extension and Out Reach Activities
Vrukshothan Marathon-04.08.2019**

Motto: Run for Green

Objectives

- 1.Promote Environmental Awareness- To educate participants and the community about the importance of environmental conservation.
- 2.Encourage Physical Fitness- To motivate individuals to engage in physical activities for a healthier lifestyle.
- 3.Community Engagement-To bring together diverse groups within the community to work towards a common goal.
- 4.Green Initiatives- To promote tree plantation and a plastic-free environment through active participation and advocacy

Report:

The Virukshothan Marathon took place on August 4, 2019, in Vijayapur. Participated by BLDEA's JSS College of Education Staff and Students the event focused on the theme "Run for Green," emphasizing environmental conservation and sustainable living.

Participation

Total Participants- Over 500 runners from various age groups, including students, faculty members, local residents, and environmental enthusiasts.

Special Guests- Dr M.B.Patil Minister for Major Irrigation Govt of Karnataka, environmental activists, and fitness experts.

Event Highlights

- 1.Opening Ceremony-The marathon was inaugurated by the Dr M.B.Patil Minister for Major Irrigation Govt of Karnataka, who highlighted the importance of environmental awareness and physical fitness.
- 2.Marathon Route: The marathon route was carefully planned to cover key areas of Vijayapur, promoting visibility and encouraging community involvement. Signage and volunteers were stationed along the route to guide and assist participants.
3. Tree Plantation Drive-Post-marathon, a tree plantation drive was organized, where participants and volunteers planted over 200 saplings in designated areas.
4. Awareness Campaigns- Information booths were set up to educate participants and the public on environmental issues, such as reducing plastic usage, waste management, and the benefits of tree planting.
- 5.Refreshments and Health Check-ups-Water stations, healthy refreshments, and free health check-ups were available for all participants, emphasizing the marathon's dual focus on health and environmental consciousness.



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Outcomes

Environmental Impact-The marathon successfully raised awareness about environmental conservation. The tree plantation drive contributed positively to the local ecosystem.

Community Involvement- The event fostered a sense of community spirit and collective responsibility towards environmental protection.

Health Benefits- Participants benefited from the physical activity and health check-ups provided during the event.

Conclusion

The Virukshothan Marathon held on August 4, 2019, was a resounding success, achieving its objectives of promoting environmental awareness, encouraging physical fitness, and engaging the community. The event highlighted the collective effort needed to protect our environment and foster a healthier, greener future.



Face book link- <https://www.facebook.com/share/p/bYjpkViSGQALhQq5/?mibextid=xfxF2i>

Facebook link- <https://www.facebook.com/share/p/bYjpkViSGQALhQq5/?mibextid=xfxF2i>


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Vijayapur


Principal,
J.S.S. College of Education
VIJAYAPUR.

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BLDEA's
JSS College of Education, Vijayapur
Reports On Extension and Out Reach Activities
Say "No to Plastic"

Objectives:

1. Educate the community about the harmful effects of plastic on the environment and health.
2. Encourage the use of eco-friendly and sustainable alternatives to plastic products.
3. Implement initiatives to reduce plastic consumption within the community.
4. Involve schools in plastic reduction activities.
5. Advocate for local policies and regulations that limit plastic usage and promote recycling.

Report:

A Program on Say No to Plastic was conducted on 02/10/2019 to all Practice Teaching Schools and Community. A Procession was conducted from Siddeshwar Temple to Gandhi Chowk. Student Teachers with banners, flyers, hand boards showing Plastic is very harmful for health and community was carried. This has been the achievement of Cleanliness Social objective of Swacha Bharat Abhiyan. Students had a PPT Programme related to No to Plastic and Harmful effects of plastic at different practice Teaching Schools.

Results:


- 1) A significant increase in community awareness about the harmful effects of plastic.
- 2) Notable reduction in the use of single-use plastics in the community.
- 3) High levels of participation from residents, schools, and businesses in program activities.
- 4) Positive feedback from local policymakers and the introduction of new regulations to curb plastic use.

Conclusion:

The "Say No to Plastic" program successfully met its objectives by raising awareness, promoting alternatives, reducing plastic usage, engaging the community, and supporting policy changes. Continued efforts and sustained community engagement are essential to build on this progress and further reduce plastic pollution in our environment.



Face book link: <https://www.facebook.com/share/p/58DceDnCSqET8t1V/?mibextid=xfxF2i>


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