



**BLDEA's  
JSS College of Education,  
Vijayapur**

## **Criterion 2 - Teaching-learning and Evaluation**

2.3.7: Teaching learning process nurtures creativity, innovativeness, intellectual and thinking skills, empathy, life skills etc. among students

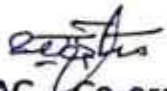
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**BLDEA's  
JSS College of Education,  
Vijayapur**

Teaching learning process nurtures creativity, innovativeness,  
intellectual and thinking skills, empathy, life skills etc. among  
students

S.No	Activities
1	Preparation of Teaching aids by recycling the waste paper
2	Certificate Course
3	Programme on Life Skills
4	ICT Activities
5	Experiential Learning
6	Preparation and Exhibition of Teaching Aids
7	Demonstration Lesson
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IQAC Co-ordinator  
BLDEA's JSS College of Education  
Vijayapur

  
Principal,  
J.S.S. College of Education  
VIJAYAPUR.

**Report on Hands-On Experience in Fine Arts and Theatre Activities-16-07-2024**

On the 16th of July 2024, the Internal Quality Assurance Cell (IQAC) of BLDEA'S JSS College of Education organized a hands-on experience session for student teachers, focusing on fine arts and theatre activities. The event aimed to enhance the creative skills of the student teachers through practical engagement in drawing and painting. 92 Students of IInd Semester Participated.

**1. Drawing Session**

- Student teachers were introduced to various drawing techniques, including sketching, shading, and perspective drawing.
- The session emphasized the importance of observation and imagination in creating artworks.
- Participants practiced drawing still life, landscapes, and portraits under the guidance of experienced instructors.

**2. Painting Workshop**

- The painting workshop covered different styles and mediums, such as watercolor, acrylic, and oil painting.
- Students learned about color theory, blending techniques, and the use of different brushes and tools.
- The workshop provided an opportunity for students to create their own paintings, allowing them to express their creativity and artistic vision.

**Conclusion:**

The IQAC's initiative to conduct hands-on experience sessions in fine arts and theatre activities was a significant step towards enriching the educational experiences of student teachers. By incorporating creative arts into the curriculum, BLDEA'S JSS College of Education continues to promote a well-rounded education that nurtures both the intellectual and artistic potential of its students.



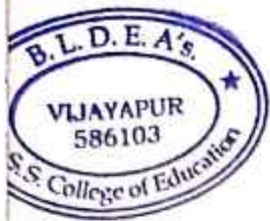
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*[Signature]*  
**IQAC Co-ordinator**  
**BLDEA'S JSS College of Education**  
**Vijayapur**

*[Signature]*  
**Principal,**  
**J.S.S. College of Education**  
**VIJAYAPUR.**



## Yoga and Exercise Practice-16-03-2024

The Yoga and Exercise Practice session was held on 5th April 2022 at BLDEA'S JSS College of Education, Vijayapur. The event was organized by the Internal Quality Assurance Cell (IQAC) in collaboration with the college administration.

The session saw enthusiastic participation from student teachers, faculty members, and staff of the college.

A certified yoga instructor Shri A.S.Masali was invited to lead the session, ensuring proper guidance

Various yoga postures (asanas) were demonstrated and practiced, focusing on flexibility, strength, and relaxation.

Breathing exercises were conducted to improve respiratory efficiency and mental clarity.

A guided meditation session helped participants achieve a state of mental calmness and focus.

Light physical exercises and stretches were included to promote overall fitness and prevent sedentary lifestyle issues.

Participants reported feeling more relaxed and rejuvenated after the session. Many noted an improvement in their physical and mental well-being.

The practice helped in reducing stress levels, enhancing concentration, and promoting a positive mindset among the participants.

Positive feedback was received from participants, who expressed a keen interest in having regular yoga and exercise sessions as part of their curriculum.

### Conclusion:

The Yoga and Exercise Practice session was a successful initiative by BLDEA'S JSS College of Education, Vijayapur, and IQAC. It effectively promoted the importance of physical and mental health among student teachers and staff. Regular practice of yoga and exercise is recommended to maintain a healthy and balanced lifestyle.



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**IQAC Co-ordinator**  
BLDEA'S JSS College of Education  
Vijayapur

  
**Principal,**  
J.S.S. College of Education  
VIJAYAPUR.

## Report on AIDS Awareness Programme-15-03-2024

The primary objective of the AIDS Awareness Programme was to educate student teachers about HIV/AIDS, its transmission, prevention, and the social implications of the disease. The aim was to foster a comprehensive understanding among the participants and empower them to spread awareness in their communities

- Student teachers of BLDEA'S JSS College of Education
- Faculty members
- Guest speakers specializing in HIV/AIDS awareness

Delivered by the Principal, highlighting the importance of awareness and education about HIV/AIDS. Provided by Dr. Sanmitra.V.Aiholli.MD, Skin an expert in HIV/AIDS prevention and treatment, discussing the latest statistics, myths, and facts about the disease."Understanding HIV/AIDS" – Presented by Dr. Sanmitra V.Aiholli, covering the medical aspects of HIV/AIDS, including modes of transmission, symptoms, and treatment options.

"Prevention and Safety Measures" – A detailed session by Dr. [Name], focusing on preventive measures, safe practices, and the importance of early testing and diagnosis."Social Implications and Stigma" – Conducted by Mr./Ms. [Name], addressing the societal impact of HIV/AIDS, strategies to combat stigma, and the

An open forum where participants could ask questions and clarify doubts with the experts.

### Conclusion:

The AIDS Awareness Programme organized by the IQAC of BLDEA'S JSS College of Education, Vijayapur, was a significant step towards educating and empowering student teachers about HIV/AIDS. The event successfully met its objectives and laid the groundwork for ongoing awareness and education initiatives within the college and the broader community.



*[Signature]*  
 IQAC Co-ordinartor  
 JLDEA's JSS College of Education  
 Vijayapur

*[Signature]*  
 Principal,  
 J.S.S. College of Education  
 VIJAYAPUR.

## Report on the Release of the Book "Abjini"-09-03-2024

The IQAC and Ladies Cell of BLDEA'S JSS College of Education, Vijayapur and IGNOU Vijayapur, proudly organized the release of the book "Abjini." This event marked a significant achievement in our continuous efforts to promote literary activities and encourage scholarly pursuits among our faculty and students.

The primary objective of this event was to celebrate the literary accomplishment of the authors and to inspire students and faculty members to engage in creative and academic writing.

- The event commenced with an invocation song, setting a serene and auspicious tone.

- The dignitaries were welcomed with bouquets, and the ceremonial lamp was lit, symbolizing the light of knowledge and wisdom.

- The Principal of BLDEA'S JSS College of Education, Vijayapur, delivered the welcome address, emphasizing the importance of literary contributions and the role of the IQAC and Ladies Cell in fostering an environment conducive to such pursuits.

- A brief introduction to the book "Abjini" was provided by the chief editor. The book's themes, objectives, and the journey of its creation were shared with the audience.

- The book "Abjini" was officially released by the chief guest and other dignitaries present on the stage. Copies of the book were distributed to the guests and contributors.

- The chief guest, an eminent literary figure, delivered an inspiring speech on the significance of literature in education and personal growth. Other guests also shared their thoughts and congratulated the authors on their achievement.

- The authors of "Abjini" expressed their gratitude to the college, the IQAC, and the Ladies Cell for their support. They shared insights into their writing process and the inspiration behind their work.

### Conclusion

The release of "Abjini" was a momentous occasion that highlighted the literary talents within BLDEA'S JSS College of Education, Vijayapur. The event successfully motivated students and faculty members to pursue their literary interests and contribute to the academic community. The IQAC and Ladies Cell continue to play a pivotal role in promoting a culture of excellence and intellectual growth at our institution.



*[Signature]*  
IQAC Co-ordinator  
BLDEA'S JSS College of Education  
Vijayapur

*[Signature]*  
Principal,  
J.S.S. College of Education  
VIJAYAPUR.

**Report on Yoga Certificate Course Conducted by IQAC at BLDEA'S JSS College of Education, Vijayapur in collaboration with BLDE Deemed to be University, Vijayapur  
-12-02-2024 to 19-02-2024**

The IQAC of BLDEA'S JSS College of Education, Vijayapur, organized a comprehensive Yoga Certificate Course aimed at enhancing the physical and mental well-being of student teachers. The course was conducted over a period of one month, from [12-02-2024] to [19-02-2024].

The course saw active participation from student teachers of BLDEA'S JSS College of Education.

Certified yoga instructors with expertise in various yoga practices and techniques conducted the sessions.

1. Introduction to Yoga
  - History and Philosophy of Yoga
  - Different Types of Yoga (Hatha, Ashtanga, Vinyasa, etc.)
2. Basic Asanas (Postures)
  - Surya Namaskar (Sun Salutation)
  - Standing Postures
  - Sitting Postures
  - Lying Down Posture
3. Pranayama (Breathing Techniques)
  - Anulom Vilom (Alternate Nostril Breathing)
  - Kapalbhata (Skull Shining Breath)
  - Bhramari (Bee Breath)
  - Bhastrika (Bellows Breath)
4. Meditation and Relaxation
  - Guided Meditation Sessions
  - Techniques for Mental Relaxation
  - Yoga Nidra (Yogic Sleep)
6. Assessment and Certification:
  - Practical Demonstration of Learned Asanas
  - Written Test on Yoga Theory
  - Evaluation based on Participation and Progress

**Conclusion**

The Yoga Certificate Course conducted by the IQAC of BLDEA'S JSS College of Education was a resounding success, achieving its objectives of promoting health and well-being among student teachers. The positive feedback and outcomes underscore the importance of such initiatives in the holistic development of future educators.



  
**IQAC Co-ordinator**  
BLDEA'S JSS College of Education  
Vijayapur

  
**Principal,**  
J.S.S. College of Education  
VIJAYAPUR.

## Report on National Voters' Day Celebration-25th January 2024 -Time: 3:20 PM\*\*

The Internal Quality Assurance Cell (IQAC) of BLDEA's JSS College of Education, Vijayapur, organized a special event to celebrate National Voters' Day on 25th January 2024 at 3:20 PM. The aim of the event was to create awareness among the student teachers about the importance of voting and to encourage them to participate actively in the democratic process.

1. To educate students about the significance of their vote.
  2. To motivate first-time voters to register and participate in elections.
  3. To promote the principles of democracy and the importance of fair elections.
- The event commenced with an inaugural address by the Principal, who emphasized the pivotal role of voting in a democratic society and encouraged students to exercise their voting rights responsibly.
  - A detailed awareness session was conducted by a guest speaker from the Election Commission. The session covered the process of voter registration, the importance of every single vote, and how young voters can make a difference.
  - All the participants took a pledge to uphold the democratic values and to vote in every election.

- An interactive session followed, where students were encouraged to ask questions and share their views on the electoral process. This session helped clear many doubts and myths related to voting.

- Voter ID application forms were distributed to students who had recently turned 18 and were eligible to vote for the first time.

### Conclusion

The National Voters' Day celebration at BLDEA's JSS College of Education was a great success, with active participation from students and staff. The event not only educated and motivated young voters but also reinforced the importance of their role in shaping the future of the nation. The IQAC's efforts in organizing such an informative and interactive event were highly appreciated.



  
IQAC Coordinator  
BLDEA's JSS College of Education  
Vijayapur

  
Principal,  
J.S.S. College of Education  
VIJAYAPUR,



## Report on International Day of Clean Air and Blue Sky-Date: 07-09-2023

The International Day of Clean Air and Blue Sky is observed worldwide to raise awareness about the importance of clean air for health and the environment. BLDEA'S JSS College of Education, Vijayapur, through its Internal Quality Assurance Cell (IQAC), organized a series of activities to commemorate this day on 7th September 2023.

- A seminar was conducted in the college auditorium with expert speakers from the field of environmental science.
- Topics covered included the sources of air pollution, health impacts, and strategies for reducing air pollution.
- The seminar was well-attended by students, faculty, and staff.
- Workshops on practical measures to reduce air pollution were organized.
- Topics included sustainable transportation options, waste management, and energy conservation.
- Participants were engaged in hands-on activities to illustrate the impact of their actions on air quality.
- A campus-wide clean-up drive was organized involving students, faculty, and staff.
- The aim was to remove litter and promote a cleaner, healthier campus environment.
- The collected waste was segregated and disposed of responsibly.
- As part of the day's activities, a tree plantation drive was conducted on the college premises.
- Participants planted saplings, contributing to increasing green cover and improving air quality.

### Conclusion

The International Day of Clean Air and Blue Sky at BLDEA'S JSS College of Education, Vijayapur, was a successful event that brought together students, faculty, and staff in a shared commitment to environmental sustainability. The activities conducted not only raised awareness but also instilled a sense of responsibility and proactive engagement towards creating a cleaner and healthier environment.



  
**Principal,**  
J.S.S. College of Education  
VIJAYAPUR.

  
**IQAC Co-ordinator**  
BLDEA's JSS College of Education  
Vijayapur

### Report on Fit India Guest Lecture on National Sports Day-Date-29th August 2023

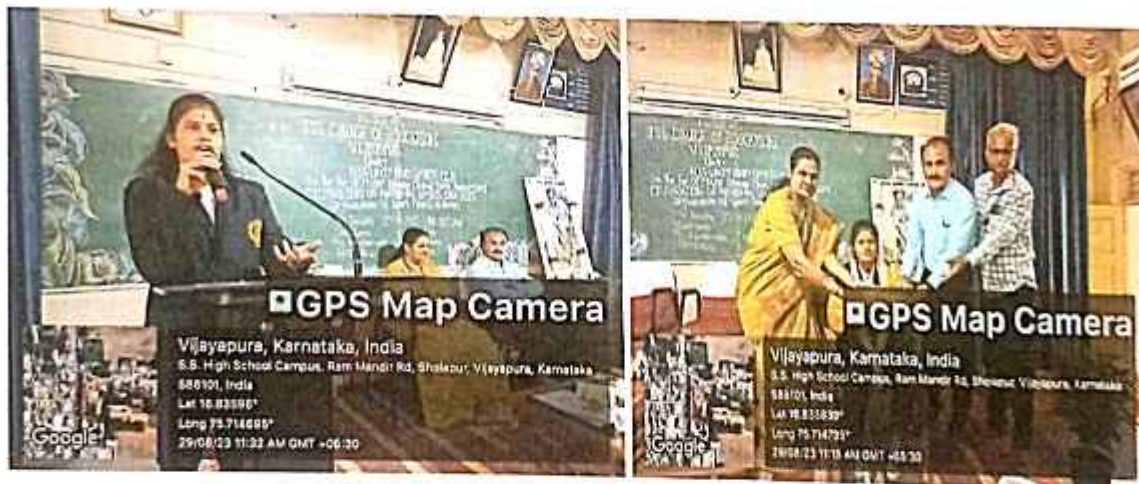
The Internal Quality Assurance Cell (IQAC) of BLDEA's JSS College of Education, Vijayapur, organized a guest lecture as part of the Fit India initiative on 29th August 2023. This event aimed to promote physical fitness and raise awareness about the importance of a healthy lifestyle among student teachers.

The guest lecture was delivered by Prof Kailash Hiremath, a renowned fitness expert and wellness coach Prof Kailash Hiremath has extensive experience in promoting physical fitness and has been involved in various health and fitness programs at both national and international levels. Miss Divya Siddappa Savalgi International Women Sico Ball Player was felicitated on occasion of Sports Day

- Welcome address by the Principal
- Introduction of the guest speaker by the IQAC Coordinator
- Importance of physical fitness
- Various forms of physical exercises and their benefits
- Tips for maintaining a balanced diet
- Strategies to integrate fitness into daily routines
- Q&A session with the guest speaker
- Personal experiences and success stories shared by Dr. Patil

#### Concluding Session-

- Vote of thanks by the student representative
- Distribution of fitness brochures and pamphlets



*BoSh*  
IQAC Co-ordinator  
BLDEA's JSS College of Education  
Vijayapur

*Principal*  
Principal,  
J.S.S. College of Education  
VIJAYAPUR.

**Report on Fit India Guest Lecture on National Sports Day-Date-29th August 2023**

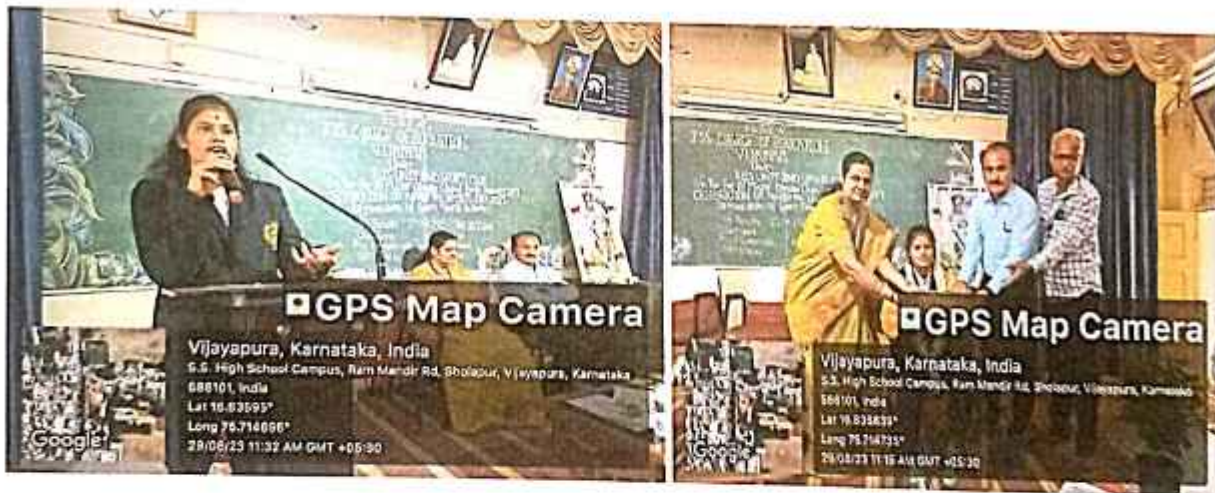
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- Personal experiences and success stories shared by Dr. Patil

**Concluding Session-**

- Vote of thanks by the student representative
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*Boshu*  
**IQAC Co-ordinartor**  
**BLDEA's JSS College of Education**  
**Vijayapur**

*[Signature]*  
**Principal,**  
**J.S.S. College of Education**  
**VIJAYAPUR.**

**Report on Lifestyle and Indian Medicine Program-19-07-2023**

On 19th July 2023, the Internal Quality Assurance Cell (IQAC) and the Red Cross unit of BLDEA'S JSS College of Education, Vijayapur, organized a comprehensive program on "Lifestyle and Indian Medicine." The event aimed to educate student teachers on the importance of maintaining a healthy lifestyle and the benefits of traditional Indian medicinal practices.

The program began with a formal inauguration, where the principal of BLDEA'S JSS College of Education, Vijayapur, delivered the welcome address. The keynote speaker, Dr. Renuka tenhalli, an expert in Ayurveda and holistic medicine, emphasized the significance of traditional Indian medicine in modern healthcare.

She discussed various aspects such as diet, exercise, stress management, and sleep hygiene. Practical tips and strategies for maintaining a balanced lifestyle were shared with the participants.

She demonstrated simple Ayurvedic remedies and practices that can be incorporated into daily routines. Participants also learned about the therapeutic benefits of yoga and pranayama through live demonstrations.

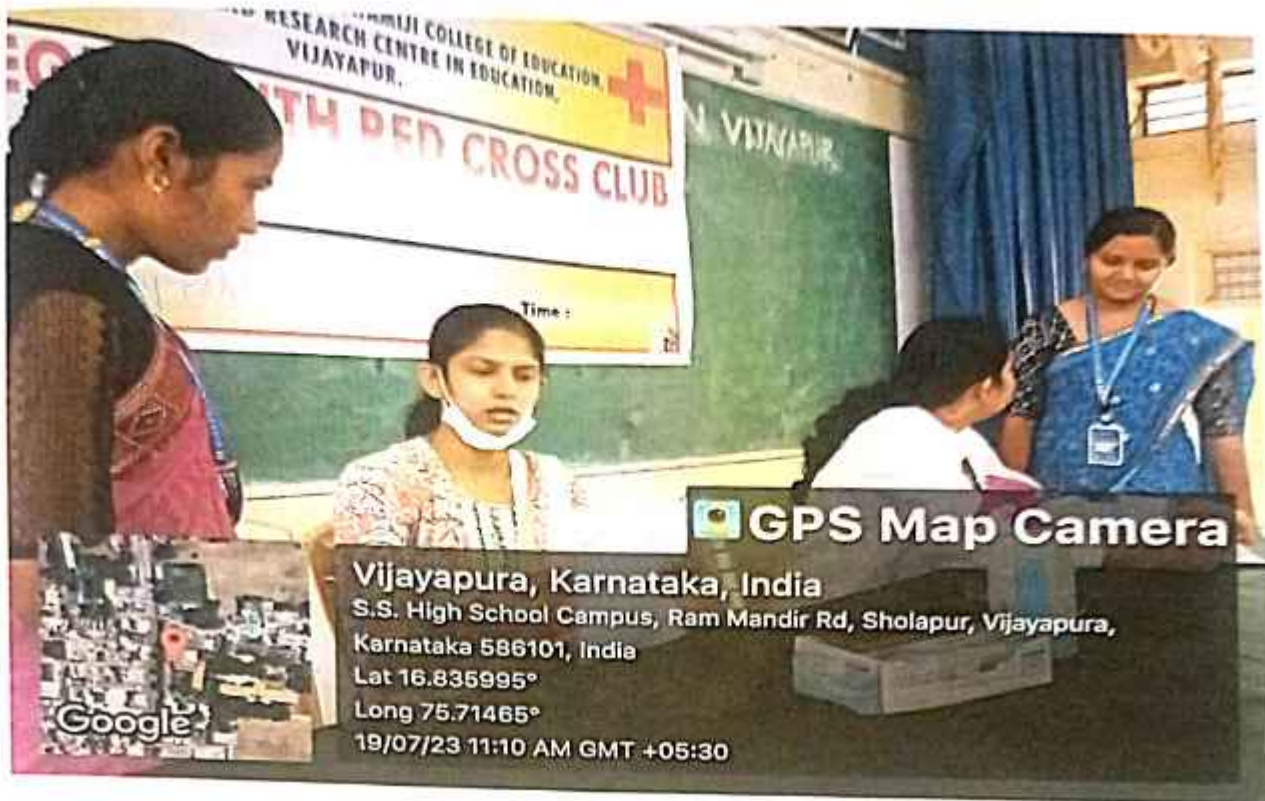
**Conclusion**

The "Lifestyle and Indian Medicine" program successfully achieved its objectives of promoting health awareness and traditional medicinal practices. The positive feedback from participants highlights the relevance and importance of such initiatives. BLDEA'S JSS College of Education, Vijayapur, remains committed to organizing similar events in the future to enhance the well-being of its community.



*R. S. Srinivas*  
 IQAC Co-ordinartor  
 BLDEA's JSS College of Education  
 Vijayapur

*RA*  
 Principal,  
 J.S.S. College of Education  
 VIJAYAPUR.



Medical Check Up Programme-19-07-2023

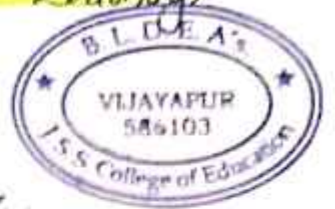


*[Signature]*  
 IQAC Co-ordinator  
 LDEA's JSS College of Education  
 Vijayapur

*[Signature]*  
 Principal,  
 J.S.S. College of Education  
 VIJAYAPUR.

## Field Visit (Experiential Learning)

04.03.2023



### Objectives:-

- To develop the historical sense.
- To learn about the past and cultural heritage.
- To enhance understanding and appreciation of historical significance in practical setting.
- To appreciate the historical events.
- To develop critical thinking and analytical skills.

### Planning:-

The place which we visited Sath Kabar, Vijayapura district. There were 60 students. Our college professor M.S. Hiremath sir took charge taking us to Sath Kabar. Students arrived at 10:00 a.m. We came by bus. Resource person Anand Kulkarni sir was invited to field visit. Anand sir expressed his views regarding Sath Kabar.

### Execution:-

We keenly observed the place and took images of Sath Kabar. Anand Kulkarni sir gave told very interesting facts about Sath Kabar. The Sath Kabar is a grave yard of 603 women. All the 603 women are wives of Abzal Khan, chief of Adil shahi II. He killed his 63 wives out of cruel jealousy that they would remarry after his death.

There is a well behind Sath Kabar. It is the place where Abzal Khan killed his wives by drowning them.

in water well. Some of the graves are destroyed. During the ongoing wars between Shivaji and Adil Shah II an astrologer predicted to Afzal Khan that he would be killed in battle field and never return. The son is sure during the battle against Shivaji. He had 63 wives whom he did not want to be married to other after his own death. So he decided to kill his 63 wives before going to battle against Shivaji. Two of his wives tried to escape but were chased killed by his army. One grave is still empty which is known to be his grave but could not able to return from the war.

→ These were the important events discussed by our resource person.

→ We noted down the important points.



### Outcomes:-

- Increased knowledge and understanding of historical events.
- Developed empathy and perspective-taking skill.
- Improved cultural awareness and appreciation.
- Development of research and inquiry skills.
- Enhanced engagement with history.
- Enhanced ability to analyze and evaluate historical information.

**IQAC Co-ordinator**  
**BLDEA's JSS College of Education**  
**Vijayapur**

**Principal,**  
**J.S.S. College of Education**  
**VIJAYAPUR.**



**Report on Celebration of International Yoga Day (Online) at BLDEA'S J. S. S. College of Education, Vijayapur on 24.06.2021**

Platform: Online (Googal meet)

Guest Speaker: Dr. Rajashekhar Benakanahalli, Professor, GFGC Women's College, Vijayapur

BLDEA'S J. S. S. College of Education, Vijayapur, celebrated International Yoga Day virtually on 24th June 2021, adapting to the ongoing pandemic restrictions. The event aimed to promote the importance of yoga for physical and mental health, especially during these challenging times.

**Objectives:**

- To raise awareness about the benefits of yoga.
- To encourage students and faculty to incorporate yoga into their daily routines.
- To provide practical knowledge and demonstrations of various yoga techniques in an online format.

**Event Proceedings**

**1. Inauguration:**

- The online event began with a welcome address by Dr. B. Y. Khasnis, Principal of the college, who highlighted the significance of International Yoga Day and the need for physical and mental well-being during the pandemic.
- The Principal expressed gratitude to Dr. Rajashekhar Benakanahalli for his participation and expertise.

**2. Guest Speaker Session:**

- Dr. Rajashekhar Benakanahalli, a distinguished professor from GFGC Women's College, Vijayapur, was the guest speaker for the event.
- Dr. Benakanahalli delivered an engaging lecture on the history, philosophy, and benefits of yoga. He explained how yoga can help manage stress, improve immunity, and enhance overall health.
- He emphasized the relevance of yoga during the pandemic, as it helps in maintaining mental peace and physical fitness.

**3. Yoga Demonstration:**

- Following the lecture, Dr. Benakanahalli conducted a live yoga session, demonstrating various yoga asanas (postures) and pranayama (breathing techniques) through the online platform.
- Participants, including students and faculty members, followed the instructions and practiced the demonstrated techniques in real-time.
- The session was designed to accommodate different skill levels, ensuring that everyone could participate and benefit from the exercises.

**4. Interactive Session:**

- An interactive Q&A session was held, allowing participants to ask Dr. Benakanahalli questions about yoga practices, its benefits, and how to incorporate yoga into their daily routines.



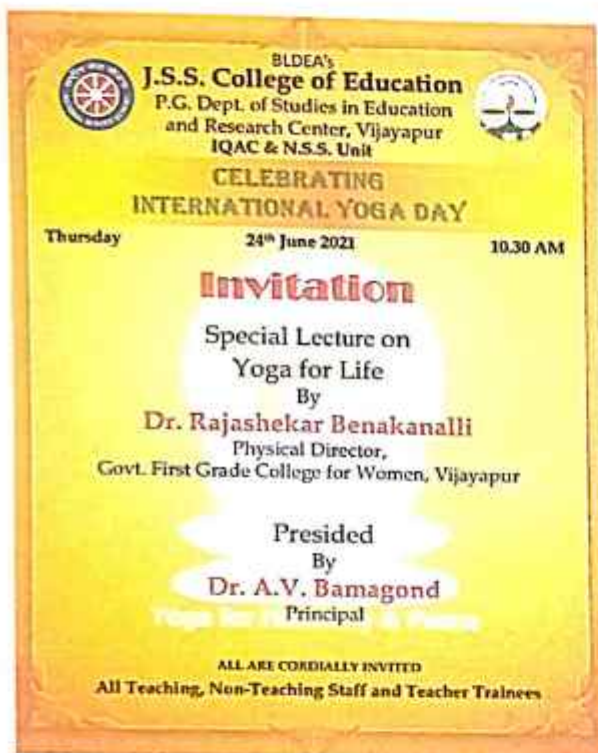
- Dr. Benakanahalli provided detailed answers and practical tips, encouraging everyone to practice yoga regularly for better health.

#### 5. Closing Remarks:

- The event concluded with a vote of thanks by Dr. M. B. Kori senior faculty member, who expressed appreciation for Dr. Benakanahalli's valuable contribution and thanked all participants for their active involvement

#### Conclusion:

The online celebration of International Yoga Day at BLDEA'S J. S. S. College of Education, Vijayapur, was a great success. Despite the virtual format, the event effectively highlighted the importance of yoga and inspired many to incorporate yoga into their daily lives. The college looks forward to organizing similar online events in the future to continue promoting the benefits of yoga and well-being among its community.





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**IQAC Co-ordinartor**  
**BLDEA's JSS College of Education,**  
**Vijayapur**

*[Handwritten signature]*

**Principal,**  
**J.S.S. College of Education,**  
**VIJAYAPUR.**

## Report on Obavva Pade - Women Defense Programme- 07-12-2021

The Internal Quality Assurance Cell (IQAC) of BLDEA'S JSS College of Education, Vijayapur, organized the Obavva Pade - Women Defense Programme on December 7, 2021. This event aimed to empower women by providing them with essential self-defense skills, raising awareness about personal safety, and boosting their confidence.

Students, faculty members, and staff of BLDEA'S JSS College of Education

- The programme commenced with an inauguration ceremony. The chief guest for the event was a renowned self-defense expert and trainer, Ms. Anjali Kumar.

- The principal of BLDEA'S JSS College of Education, Dr. S. R. Patil, welcomed the guests and participants and emphasized the importance of self-defense training for women.

- Smt Jayanti Rathod conducted an intensive self-defense training session. She demonstrated various techniques to defend against physical attacks and explained the psychological aspects of self-defense.

- The session included practical exercises where participants practiced the techniques under the guidance of the trainer.

- An interactive session followed the training, where participants asked questions and shared their concerns regarding personal safety.

- Ms. Kumar provided valuable tips on staying vigilant and handling potential threats.

- A guest lecture was delivered by a local police officer, Inspector Priya Desai, on the legal aspects of self-defense and the importance of reporting crimes.

- Inspector Desai also discussed the available resources and support systems for women in distress.

### Conclusion

The IQAC of BLDEA'S JSS College of Education, Vijayapur, remains committed to organizing more such programmes in the future to continue empowering and educating women. The success of the Obavva Pade programme is a testament to the college's dedication to the safety and well-being of its students and staff.



  
IQAC Co-ordinator  
BLDEA's JSS College of Education  
Vijayapur

  
Principal,  
J.S.S. College of Education  
VIJAYAPUR.